

To: District IV Athletic Directors / Principals
From: Andrew Boyer, Cross Country District Chairman
RE: 2023 PIAA District IV Cross Country District Meet

The 2023 District IV Cross Country meet will be held at Bloomsburg University on Thursday, **October 26, 2023**. The meet site has been selected by the District Chairman and approved by the District Committee. The meet will be run on this day regardless of weather.

On the day of the meet – *all buses and vans* will unload at the gate near the IM field after looping through the BLUE parking lot. Buses should not unload going down the hill, only after they have made the loop through the lot. Athletes and coaches will then be able to proceed through the gate to the course. Buses will then continue through the next intersection and bus parking will be located in the area designated on the map. Please give bus drivers a copy of the map so they have an idea of the traffic flow. Traffic/parking monitors will be stationed in these areas to assist.

Tents may be set up as staging areas for your teams – please remind your athletes to not set up “team camps” on any part of the course or in the starting area. Team camp area is outlined on the course map.

Restrooms will include the football stadium and porta-potties on site. **NO STUDENTS / COACHES / SPECTATORS ARE PERMITTED INSIDE THE FIELD HOUSE DUE TO CLASSES / PRACTICES / GENERAL OPERATIONS – DO NOT SEND STUDENTS INSIDE THE FIELD HOUSE.**

1. Time schedule is as follows:

9:30 a.m.	A Girls
10:15 a.m.	AA Girls
11:00 a.m.	A Boys
11:45 a.m.	AA Boys

District IV qualifiers to the state meet in Hershey are as follows:

Class A Girls -(2) teams and (10) individuals

Class AA Girls – (2) teams and ten (10) individuals

Class A Boys – (2) teams and (10) individuals

Class AA Boys –(2) teams and ten (10) individuals

The PIAA State Meet is scheduled for Saturday, November 4th, 2023 in Hershey.

2. The course is located at the Upper Campus of Bloomsburg University. The start and finish of the race are across the street from Nelson Field House. (MAP INCLUDED)

*****TEAMS are NOT permitted to PRACTICE at Bloomsburg University***

3. There will be a **Coach's Meeting to give information about the course from clerk of the course and PIAA officials at 9:15 a.m. Coaches please pick up your chips and starting box information in the main tent when you arrive. Teams may walk the course starting at 8 am and must be off no later than 9:10 am**

4. Clerk of the Course, Mr. Bernie Empie, Head CC Coach, Bloomsburg University.

5. The Bloomsburg course is 5000 meters.

6. The District IV Cross Country District Meet shall be conducted in accordance with the PIAA Rules and Regulations as published in the 2023 Handbook.

7. Ten runners may be entered in both the boys and girls meets /per school, only seven will run. Fewer than 5 may run as individual entries.

Registration will be done on-line via the Runner's High website, RUNHIGH.COM. INSTRUCTIONS ARE ATTACHED. Registration must be completed by 5:00 P.M. on Sunday, OCTOBER 22, 2023.

8. The following awards will be presented after the completion of the last race

A Boys/A Girls:

- A. Plaque to the first place team
- B. Individual medals to the members of the first place team.
- C. Individual medals for the 10 state qualifiers not on the first place team.

AA Boys/AA Girls:

- A. Plaque to the first place team.
- B. Individual medals for the members of the first place and second place teams
- C. Individual medals for the 10 state qualifiers not on the first or second place teams.

9. PIAA Eligibility forms should be completed on the PIAA website.

10. It is the responsibility of each school/coach to arrive early enough to allow athletes time to warm up. The time schedule will be strictly followed.

11. There will be no JV competition at the District Meet.

12. District IV Apparel and Merchandise will be on sale in the main tent. Apparel can be pre ordered on the PIAA District IV Website.

District IV and Bloomsburg University are not responsible for any lost or stolen items during the day of competition at Bloomsburg University.

SCHOOL CLASSIFICATIONS FOR BOYS CROSS COUNTRY

District 4 Boys Cross Country (Classification Season: 22/23)		
School	Classification	Male Enrollment
Athens Area High School	AA	253
Bloomsburg High School	AA	176
Canton Area High School	A	99
Central Columbia High School	AA	203
Columbia Montour Area Vo Tech	AA	293
Cowanesque Valley High School	AA	75
Danville Area High School	AA	229
Hughesville High School	AA	173
Jersey Shore Area High School	AA	293
Lewisburg Area High School	AA	234
Loyalsock Township High School	AA	161
Midd-West High School	AA	215
Mifflinburg Area High School	AA	228
Milton Area High School	AA	261
Montoursville Area High School	AA	228
Mount Carmel Area High School	A	142
North Penn-Mansfield Senior High School	AA	151
Northeast Bradford High School	A	89
Northwest Area High School	A	120
Sayre Area High School	A	115
Selinsgrove Area High School	AAA	371
Shamokin Area High School	AA	242
Shikellamy High School	AAA	366
South Williamsport Area High School	A	107
Southern Columbia Area High School	A	139
Sullivan County High School	A	67
Towanda Area High School	A	156
Troy Junior / Senior High School	A	137
Warrior Run High School	AA	194
Wellsboro Area High School	A	158
Williamsport Area High School	AAA	558
Wyalusing Valley High School	A	143

SCHOOL CLASSIFICATIONS FOR GIRLS CROSS COUNTRY

District 4 Girls Cross Country (Classification Season: 22/23)		
School	Classification	Female Enrollment
Athens Area High School	AA	211
Bloomsburg High School	AA	172
Canton Area High School	A	94
Central Columbia High School	AA	215
Columbia Montour Area Vo Tech	AA	192
Cowanesque Valley High School	AA	81
Danville Area High School	AA	240
Hughesville High School	AA	173
Jersey Shore Area High School	AA	248
Lewisburg Area High School	AA	231
Loyalsock Township High School	AA	157
Midd-West High School	AA	190
Mifflinburg Area High School	AA	213
Milton Area High School	AA	220
Montoursville Area High School	AA	225
Mount Carmel Area High School	A	141
North Penn-Mansfield Senior High School	A	126
Northeast Bradford High School	A	108
Northwest Area High School	A	100
Sayre Area High School	A	102
Selinsgrove Area High School	AA	291
Shamokin Area High School	AA	230
Shikellamy High School	AAA	363
South Williamsport Area High School	A	103
Southern Columbia Area High School	A	133
Sullivan County High School	A	69
Towanda Area High School	AA	167
Troy Junior / Senior High School	A	150
Warrior Run High School	AA	169
Wellsboro Area High School	AA	170

District 4 Girls Cross Country (Classification Season: 22/23)

<u>School</u>	<u>Classification</u>	<u>Female Enrollment</u>
<u>Williamsport Area High School</u>	AAA	578
<u>Wyalusing Valley High School</u>	A	123