

To: District IV Athletic Directors / Principals
From: Brent Trowbridge, Cross Country District Chairman
RE: 2019 PIAA District IV Cross Country District Meet

The 2018 District IV Cross Country meet will be held at Bloomsburg University on Thursday, **October 24, 2019**. The meet site has been selected by the District Chairman and approved by the District Committee. The meet will be run on this day regardless of weather.

On the day of the meet – *all buses and vans* will unload at the top of the hill – pull off (to the left) in the designated area – unload and then the bus / van will be directed to the parking area. Tents may be set up as staging areas for your teams – please remind your athletes to be careful crossing the road and stay alert.

Restrooms will include the football stadium and porta-potties on site. **NO STUDENTS / COACHES / SPECTATORS ARE PERMITTED INSIDE THE FIELD HOUSE DUE TO CLASSES / PRACTICES / GENERAL OPERATIONS – DO NOT SEND STUDENTS INSIDE THE FIELD HOUSE.**

1. Time schedule is as follows:

9:30 a.m.	A Girls
10:15 a.m.	AA Girls
11:00 a.m.	A Boys
11:45 a.m.	AA Boys

District IV qualifiers to the state meet in Hershey are as follows:

Class A Girls - one (1) team and five (5) individuals
Class AA Girls – two (2) teams and ten (10) individuals
Class A Boys – one (1) team and five (5) individuals
Class AA Boys – one (2) teams and ten (10) individuals

The PIAA State Meet is scheduled for Saturday, November 3rd, 2018 in Hershey.

2. The course is located at the Upper Campus of Bloomsburg University. The start and finish of the race are across the street from Nelson Field House. (MAP INCLUDED)

*****TEAMS are NOT permitted to PRACTICE at Bloomsburg University***

3. There will be a **Coach's Meeting to give information about the course from clerk of the course and PIAA officials at 9:15 a.m. Coaches please pick up your chips and starting box information in the main tent when you arrive. Teams may walk the course starting at 8 am and must be off no later than 9:10 am**

4. Clerk of the Course, Mr. Bernie Empie, Head CC Coach, Bloomsburg University.

5. The Bloomsburg course is 5000 meters.

6. The District IV Cross Country District Meet shall be conducted in accordance with the PIAA Rules and Regulations as published in the 2018 Handbook.

7. Ten runners may be entered in both the boys and girls meets / per school, only seven will run. Fewer than 5 may run as individual entries.

Registration will be done on-line via the Runner's High website, RUNHIGH.COM. INSTRUCTIONS ARE ATTACHED. Registration must be completed by 5:00 P.M. on Sunday, OCTOBER 20, 2019.

8. The following awards will be presented after the completion of the last race

A Boys/A Girls:

- A. Plaque to the first place team
- B. Individual medals to the members of the first place team.
- C. Individual medals for the five state qualifiers not on the first place team.

AA Boys/AA Girls:

- A. Plaque to the first place team.
- B. Individual medals for the members of the first place and second place teams
- C. Individual medals for the 10 state qualifiers not on the first or second place teams.

9. PIAA Eligibility forms should be completed on the PIAA website.

10. It is the responsibility of each school/coach to arrive early enough to allow athletes time to warm up. The time schedule will be strictly followed.

11. There will be no JV competition at the District Meet.

12. District IV Apparel and Merchandise will be on sale in the main tent.

District IV and Bloomsburg University are not responsible for any lost or stolen items during the day of competition at Bloomsburg University.

Enrollment Classifications

These enrollment figures have been taken directly from the PIAA Website.
Please review to ensure that you are in the proper classification PRIOR to the day of the event.

District 4 Boys Cross Country Class A (1 team and 5 individuals qualify for states)	
School▲	Male Enrollment
<u>Bloomsburg High School</u>	142
<u>Canton Area High School</u>	111
<u>Hughesville High School</u>	187
<u>Montgomery Area High School</u>	104
<u>Northeast Bradford High School</u>	119
<u>Sayre Area High School</u>	118
<u>South Williamsport Area High School</u>	130
<u>Southern Columbia Area High School</u>	173
<u>Sullivan County High School</u>	77
<u>Towanda Area High School</u>	173
<u>Troy Junior / Senior High School</u>	180
<u>Wellsboro Area High School</u>	182
<u>Wyalusing Valley High School</u>	145

District 4 Boys Cross Country Class AA (2 teams and 10 individuals qualify for states)	
School▲	Male Enrollment
<u>Athens Area High School</u>	226
<u>Central Columbia High School</u>	216
<u>Columbia Montour Area Vo Tech</u>	269
<u>Cowanesque Valley High School</u>	119
<u>Danville Area High School</u>	262
<u>Jersey Shore Area High School</u>	289
<u>Lewisburg Area High School</u>	250
<u>Loyalsock Township High School</u>	200
<u>Midd-West High School</u>	254
<u>Mifflinburg Area High School</u>	261
<u>Milton Area High School</u>	254
<u>Montoursville Area High School</u>	225
<u>Mount Carmel Area High School</u>	173
<u>North Penn-Mansfield Senior High School</u>	151
<u>Selinsgrove Area High School</u>	336
<u>Shamokin Area High School</u>	264
<u>Shikellamy High School</u>	338
<u>Warrior Run High School</u>	200

District 4 Girls Cross Country Class A (1 team and 5 individuals qualify for states)

<u>School▲</u>	<u>Female Enrollment</u>
<u>Bloomsburg High School</u>	163
<u>Canton Area High School</u>	97
<u>Hughesville High School</u>	183
<u>Loyalsock Township High School</u>	169
<u>Montgomery Area High School</u>	95
<u>Mount Carmel Area High School</u>	140
<u>North Penn-Mansfield Senior High School</u>	142
<u>Northeast Bradford High School</u>	73
<u>Sayre Area High School</u>	132
<u>Southern Columbia Area High School</u>	144
<u>Sullivan County High School</u>	64
<u>Towanda Area High School</u>	181
<u>Troy Junior / Senior High School</u>	162
<u>Wyalusing Valley High School</u>	152

District 4 Girls Cross Country Class AA (2 teams and 10 individuals qualify for states)

<u>School▲</u>	<u>Female Enrollment</u>
<u>Athens Area High School</u>	221
<u>Central Columbia High School</u>	203
<u>Columbia Montour Area Vo Tech</u>	221
<u>Cowanesque Valley High School</u>	99
<u>Danville Area High School</u>	253
<u>Jersey Shore Area High School</u>	292
<u>Lewisburg Area High School</u>	201
<u>Midd-West High School</u>	218
<u>Mifflinburg Area High School</u>	271
<u>Milton Area High School</u>	255
<u>Montoursville Area High School</u>	228
<u>Selinsgrove Area High School</u>	318
<u>Shamokin Area High School</u>	249
<u>Shikellamy High School</u>	328
<u>Warrior Run High School</u>	186
<u>Wellsboro Area High School</u>	201