# 2023 PIAA District IV **Track and Field Championships** Thursday - May 18th

Trac	kΕ	vents	;

5:00 PM	100m Dash	AA Girls (Prelim)-AA Boys (Prelim)
5:10	100m Hurdles	AA Girls (Prelim)-AAA Girls (Semi-final)
5:20	110m Hurdles	AA Boys (Prelim)-AAA Boys (Semi-final)
	**** 30-MINUTE BREAK****	
6:00	110m Hurdles	AA Boys (Semi-final)
6:15	100m Hurdles	AA Girls (Semi-final)
6:20	100m Dash (Semi-final)	AA Girls-AAA Girls-AA Boys-AAA Boys
6:45	4x800 Meter Relay (Final)	AA Girls-AAA Girls-AA Boys-AAA Boys

#### Field Events (Weigh-Ins 2:00 PM-3:30 PM)

4:00 PM	Long Jump	AA	Boys	Followed By Triple Jump	AAA	Girls
	High Jump	AAA	Girls	Followed By High Jump	AAA	Boys
	Triple Jump	AAA	Boys	Followed By Long Jump	AA	Girls
	Shot Put	AAA	Girls	Followed By Shot Put	AA	Boys
	Javelin	AA	Boys	Followed by Javelin	AAA	Girls
	Disc	AA	Girls	Followed by Disc	AAA	Boys
	Pole Vault	AAA	Bovs	Followed by Pole Vault	AAA	Girls

### Saturday - May 20th

Track Events	S
--------------	---

9:00 AM	3200 Meter Run	Final	AA Girls-AAA Girls-AA Boys-AAA Boys
10:15	100m Hurdle	Final	AA Girls-AAA Girls
10:20	110m Hurdle	Final	AA Boys-AAA Boys
10:25	100m Dash	Final	AA Girls-AAA Girls-AA Boys-AAA Boys
LUNCH BRE	AK		
12:00	1600m Run	Final	AA Girls-AAA Girls-AA Boys-AAA Boys
12:45	4x100m Relay	Final	AA Girls-AAA Girls-AA Boys-AAA Boys
1:30	400m Dash	Final	AA Girls-AAA Girls-AA Boys-AAA Boys
2:15	300m Hurdles	Final	AA Girls-AAA Girls-AA Boys-AAA Boys
3:00	800m Run	Final	AA Girls-AAA Girls-AA Boys-AAA Boys
3:30	200m Dash	Final	AA Girls-AAA Girls-AA Boys-AAA Boys

### \*\*45 MIN BREAK AT THE CONCLUSION OF THE FIRST HEAT OF THE 200 METER DASH TO ACCOMMODATE 200 METER FINALISTS RUNNING 4x400 RELAY and FOR FIELD **EVENTS TO CATCH UP\*\***

4:30 (Approx) 4x400m Relay Final AA Girls-AAA Girls-AA Boys-AAA Boys

#### Field Events (Weigh-Ins 7:30 AM-9:00 AM)

9:30 AM	Triple Jump	AA Boys	12:30 PM	Triple Jump	AA Girls
	Javelin	AA Girls		High Jump	AA Boys
	Long Jump	AAA Boys		Long Jump	AAA Girls
	Pole Vault	AA Girls		Javelin	AAA Boys
	Discus	AA Boys		Pole Vault	AA Boys
	High Jump	AA Girls		Discus	AAA Girls
	Shot Put	AAA Boys		Shot Put	AA Girls

## **Projected Starting Heights (subject to change)**

Girls Girls Girls Girls	AA AAA AA	High Jump High Jump Pole Vault Pole Vault	4-6 4-3 7-6 6-6
Boys Boys Boys Boys	AA AAA AA	High Jump High Jump Pole Vault Pole Vault	5-5 (odds for state qualifying) 5-5 (odds for state qualifying) 9-6 9-3 (3s and 9s)