

2023 PIAA District IV Track & Field Championships
Class AA and AAA
Williamsport Area High School - 5/18/2023 to 5/20/2023
Performance List

Event 1 Girls 100 Meter Dash AA Prelims

Thursday 5/18/2023 - 5:00 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 12.70 or better

Dist Record: 12.11 5/18/2017 Breana Gambrell, Athens Area
NFHS Record: 11.14 1992 Marion Jones, ThousandOksHS,CA
 12.70 SQS State qualifying st
 13.23 MQ Meet qualifying stan

Meet Qualifying: 13.23

	Name	Year	School	Seed Time	
1	Kendra Stout	10	Central Columbia	12.41	SQS
2	Liberty Gearinger	12	Central Columbia	12.49	SQS
3	Abby Burgess	9	Athens Area	12.60	SQS
4	Bryn Derrick	11	Hughesville	12.70	SQS
5	Daveian Crowley	9	Canton Area	12.78	MQ
6	Olivia Haley	11	Wyalusing Valley Area	12.78	MQ
7	Lillian Bradley	11	South Williamsport	13.00	MQ
8	Jade Colwell	10	Williamson	13.12	MQ
9	Peyton Wisloski	11	Southern Columbia Area	13.14	MQ
10	Andi Gutshall	12	Bloomsburg	13.23	MQ
11	Haley Bull	10	Central Columbia	13.26	
12	Melanie Shumway	11	Northeast Bradford	13.26	
13	Kina Cominskie	12	Loyalsock Township	13.28	
14	Sophie Shadle	12	Southern Columbia Area	13.28	
15	Camron Roush	10	Milton Area	13.29	
16	Josslyn Davis	11	Montoursville Area	13.31	
17	Maddyn McHugh	10	Mount Carmel Area	13.32	
18	Anna Kennedy	10	North Penn - Mansfield	13.33	
19	Caelyn Pine	12	Troy	13.37	
20	Alaina Dadzie	9	Loyalsock Township	13.40	
21	Makayla Cerami	9	Montgomery High School	13.43	
22	Jasmine Doebler	9	Mifflinburg	13.45	
23	Lucy Maclay	9	Southern Columbia Area	13.48	
24	Jenny Ryan	12	Athens Area	13.49	

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Event 5 Girls 100 Meter Hurdles AA Prelims

Thursday 5/18/2023 - 5:10 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 16.01 or better

Dist Record: 14.76 5/16/2009 Tesa McKibben, Montoursville
NFHS Record: 13.03 2007 Vashti Thomas, MtPleasantHS, CA
 16.01 SQS State qualifying st
 17.04 MQ Meet qualifying stan

Meet Qualifying: 17.04

	Name	Year	School	Seed Time	
1	Ava Rebeck	11	Central Columbia	15.48	SQS
2	Charly Schlauch	11	Bloomsburg	15.50	SQS
3	Camryn Pyle	11	Midd-West High School	16.17	MQ
4	Mackenzie Lopez	11	Milton Area	16.39	MQ
5	Camden Wasielewski	10	Bloomsburg	16.47	MQ
6	Kelci Carle	12	Towanda	16.67	MQ
7	Emma Cline	11	Montoursville Area	16.70	MQ
8	Jayda Tilghman	10	Mifflinburg	16.70	MQ
9	Makayla Miller	11	Hughesville	16.90	MQ
10	Baylee O'Connell	10	Central Columbia	16.94	MQ
11	Rose Shikanga	10	Sayre Area	16.99	MQ
12	Maya Poust	10	Hughesville	17.20	
13	Emily Henderson	11	Athens Area	17.37	
14	Taylor Bunce	9	Hughesville	17.60	
15	Jenna Pizzoli	12	Mount Carmel Area	17.60	
16	Emilie Nagle	11	Montgomery High School	17.70	
17	Ainsley Brewington	11	Central Columbia	17.81	
18	Anna Kipp	12	Wyalusing Valley Area	18.00	
19	Chloe Kennedy	11	Loyalsock Township	18.08	
20	Lydia Crawford	11	Milton Area	18.14	
21	Shakira Moyer	9	Mifflinburg	18.15	
22	Lydia Knepp	12	Mifflinburg	18.17	
23	Lizzie Gorsline	9	Northeast Bradford	18.37	
24	Kylee Roy	9	Troy	18.46	

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Event 9 Girls 200 Meter Dash AA

Saturday 5/20/2023 - 3:30 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 26.25 or better

Dist Record: 25.22 5/19/2012 Ellen Shepard, Central Columbia
NFHS Record: 22.52 2003 Allyson Felix, LA Baptist HS, CA
 26.25 SQS State qualifying st
 27.43 MQ Meet qualifying stan

Meet Qualifying: 27.43

	Name	Year	School	Seed Time	
1	Kendra Stout	10	Central Columbia	24.92	SQS
2	Liberty Gearinger	12	Central Columbia	25.42	SQS
3	Abby Burgess	9	Athens Area	26.32	MQ
4	Daveian Crowley	9	Canton Area	26.53	MQ
5	Bryn Derrick	11	Hughesville	26.70	MQ
6	Kylie Temple	9	Hughesville	26.80	MQ
7	Raygan Lust	10	Warrior Run	26.91	MQ
8	Lillian Bradley	11	South Williamsport	27.02	MQ
9	Olivia Haley	11	Wyalusing Valley Area	27.04	MQ
10	Ava Rebuck	11	Central Columbia	27.09	MQ
11	Kendall Kitchen	10	Canton Area	27.20	MQ
12	Camron Roush	10	Milton Area	27.37	MQ
13	Josslyn Davis	11	Montoursville Area	27.44	
14	Abby Schuler	10	Meadowbrook Christian School	27.45	
15	Caelyn Pine	12	Troy	27.50	
16	Makayla Cerami	9	Montgomery High School	27.65	
17	Lucy Maclay	9	Southern Columbia Area	27.70	
18	Brooke Fagan	10	Bloomsburg	27.71	
19	Anna Kennedy	10	North Penn - Mansfield	27.89	
20	Jenny Ryan	12	Athens Area	27.96	
21	Alaina Dadzie	9	Loyalsock Township	27.97	
22	Keturah Rice	9	Milton Area	28.18	
23	Jade Colwell	10	Williamson	28.23	
24	Kina Cominskie	12	Loyalsock Township	28.33	

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Event 13 Girls 400 Meter Dash AA

Saturday 5/20/2023 - 1:30 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 59.85 or better

Dist Record: 54.00 1979 Teri Pioli, Montoursville
NFHS Record: 50.74 2000 Monique Henderson, S Diego Morse HS,CA
59.85 SQS State qualifying st
1:03.13 MQ Meet qualifying stan

Meet Qualifying: 1:03.13

	Name	Year	School	Seed Time	
1	Anna Dunn	10	Towanda	59.69	SQS
2	Raygan Lust	10	Warrior Run	59.82	SQS
3	Olivia Haley	11	Wyalusing Valley Area	1:00.36	MQ
4	Daveian Crowley	9	Canton Area	1:01.28	MQ
5	Haley Bull	10	Central Columbia	1:01.37	MQ
6	Brooklyn Lentz	12	South Williamsport	1:01.94	MQ
7	Natalie Osborne	10	Mifflinburg	1:02.97	MQ
8	Kyra Daley	11	Williamson	1:03.86	
9	Sarah Pidcoe	10	Hughesville	1:03.90	
10	Kassandra Kerin	11	Wyalusing Valley Area	1:04.01	
11	Alexis Kurzawa	10	Hughesville	1:04.27	
12	Lucy Maclay	9	Southern Columbia Area	1:04.43	
13	Lizzie Gorsline	9	Northeast Bradford	1:04.49	
14	Maddyn McHugh	10	Mount Carmel Area	1:04.78	
15	Izzy Dadzie	11	Loyalsock Township	1:04.80	
16	Elizabeth Wanner	9	Montoursville Area	1:04.80	
17	Brooke Fagan	10	Bloomsburg	1:04.87	
18	Andreanna Bohart	9	Warrior Run	1:05.47	
19	Callie Ulmer	9	Warrior Run	1:05.54	
20	Treanna Nickeson	9	Wyalusing Valley Area	1:05.87	
21	Reese Romanoskie	9	Mount Carmel Area	1:05.98	
22	Alia Williams	10	Central Columbia	1:06.13	
23	Zoey Majors	9	Milton Area	1:06.62	
24	Laila Shreck	10	Montoursville Area	1:06.80	

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Event 17 Girls 800 Meter Run AA

Saturday 5/20/2023 - 3:00 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 2:20.60 or better

Dist Record: 2:13.20 5/21/2022 Lily Saul, Montoursvill
NFHS Record: 2:00.03 2022 Roisin Willis, Stevens Point HS, WI
 2:20.60 SQS State qualifying st
 2:31.38 MQ Meet qualifying stan

Meet Qualifying: 2:31.38

	Name	Year	School	Seed Time	
1	Kate Moncavage	11	Southern Columbia Area	2:14.26	SQS
2	Claire Dufrene	9	Warrior Run	2:20.48	SQS
3	Samantha Roarty	9	Milton Area	2:21.33	MQ
4	Gracelyn Laudermilch	10	Northeast Bradford	2:24.40	MQ
5	Vivian Draper	9	Hughesville	2:24.63	MQ
6	Ella Moore	9	South Williamsport	2:25.37	MQ
7	Camille McRoberts	12	Canton Area	2:28.38	MQ
8	Madelyn Blake	11	Central Columbia	2:29.04	MQ
9	Kate Fortin	12	Hughesville	2:29.10	MQ
10	Sage Dunkleberger	12	Warrior Run	2:29.29	MQ
11	Hailey Poust	12	Hughesville	2:29.91	MQ
12	Emma Bronson	12	Athens Area	2:30.46	MQ
13	Heather Cecco	12	Southern Columbia Area	2:31.31	MQ
14	Katie Zaktansky	9	Warrior Run	2:31.47	
15	Katie Lackey	11	Troy	2:32.83	
16	Haley Conner	10	Southern Columbia Area	2:33.08	
17	Taylor Beachy	12	Mifflinburg	2:33.15	
18	Lilah Hughes	10	Northeast Bradford	2:33.75	
19	Olivia Stroup	9	Midd-West High School	2:34.24	
20	Kamarah Temple-Henderson	11	Loyalsock Township	2:34.79	
21	Kayla Beebe	12	Wyalusing Valley Area	2:35.27	
22	Thea Bentley	11	Athens Area	2:37.74	
23	Elizabeth Wanner	9	Montoursville Area	2:39.73	
24	Addisyn Morrison	9	South Williamsport	2:40.62	

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Event 21 Girls 1600 Meter Run AA

Saturday 5/20/2023 - 12:00 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 5:18.30 or better

Dist Record: 5:02.45 2003 Ashleigh Wetzel, Lewisburg
NFHS Record: 4:33.29 2014 Alexa Efraimson, Camas HS, WA
5:18.30 SQS State qualifying st
5:34.74 MQ Meet qualifying stan

Meet Qualifying: 5:34.74

	Name	Year	School	Seed Time	
1	Kate Moncavage	11	Southern Columbia Area	5:05.57	SQS
2	Gracelyn Laudermilch	10	Northeast Bradford	5:10.25	SQS
3	Claire Dufrene	9	Warrior Run	5:16.02	SQS
4	Maizy Aikey	12	Bloomsburg	5:20.73	MQ
5	Sara Bronson	10	Athens Area	5:22.88	MQ
6	Sage Dunkleberger	12	Warrior Run	5:29.10	MQ
7	Emma Bronson	12	Athens Area	5:32.51	MQ
8	Haley Conner	10	Southern Columbia Area	5:32.56	MQ
9	Kate Fortin	12	Hughesville	5:33.70	MQ
10	Anaiah Kolesar	9	Northeast Bradford	5:34.91	
11	Grace Fortin	9	Hughesville	5:35.20	
12	Camille McRoberts	12	Canton Area	5:37.02	
13	Elizabeth Wolfe	9	Hughesville	5:37.25	
14	Adara Whitehead	10	Loyalsock Township	5:40.49	
15	Erin Prezioso	10	Central Columbia	5:43.26	
16	Madelynne Johns	10	North Penn - Mansfield	5:45.00	
17	Kayla Beebe	12	Wyalusing Valley Area	5:45.43	
18	Katie Lackey	11	Troy	5:46.52	
19	Maria Darrup	12	Mifflinburg	5:46.75	
20	Katie Zaktansky	9	Warrior Run	5:48.00	
21	Ava Hughes	9	Athens Area	5:49.24	
22	Jayden Mather	10	Milton Area	5:50.36	
23	Lillian Whitenight	12	Northwest Area	5:56.00	
24	Laura Darrup	9	Mifflinburg	5:56.81	

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Event 25 Girls 3200 Meter Run AA

Saturday 5/20/2023 - 9:00 AM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 11:35.00 or better

Dist Record: 10:50.91 5/19/2018 Isabel Sagar, Loyalsock To
NFHS Record: 9:47.88 2018 Katelyn Touhy, North Rockland HS, NY
11:35.00 SQS State qualifying st
12:30.36 MQ Meet qualifying stan

Meet Qualifying: 12:30.36

	Name	Year	School	Seed Time	
1	Sara Bronson	10	Athens Area	11:14.56	SQS
2	Maizy Aikey	12	Bloomsburg	11:18.83	SQS
3	Gracelyn Laudermilch	10	Northeast Bradford	11:28.20	SQS
4	Erin Prezioso	10	Central Columbia	12:21.08	MQ
5	Anaiah Kolesar	9	Northeast Bradford	12:25.69	MQ
6	Keiara Shaffer	9	Warrior Run	12:29.04	MQ
7	Jayden Mather	10	Milton Area	12:34.86	
8	Bethany Martin	11	Central Columbia	12:41.35	
9	Ava Hughes	9	Athens Area	12:46.68	
10	Katie Miller	11	Hughesville	12:46.88	
11	Madelynne Johns	10	North Penn - Mansfield	12:55.64	
12	Makaylyn Peters	9	East Juniata	12:57.20	
13	Giavanna Grutza	10	Central Columbia	12:59.20	
14	Arielle Finnegan	12	Hughesville	13:06.71	
15	Caroline Baker	9	Loyalsock Township	13:07.93	
16	Leah Shedleski	12	Mount Carmel Area	13:19.35	
17	Hazel Zajack	9	Loyalsock Township	13:20.45	
18	Sarah Miller	11	Warrior Run	13:21.02	
19	Addison Farrer	11	North Penn - Mansfield	13:26.15	
20	Emma East	12	Milton Area	13:28.16	
21	Olivia Loudenslager	10	South Williamsport	13:30.85	
22	Megan King	9	Wyalusing Valley Area	13:33.18	
23	Carly Converse	9	Hughesville	13:35.36	
24	Kelsey Hoffman	11	Warrior Run	13:43.88	

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Event 29 Girls High Jump AA

Saturday 5/20/2023 - 9:30 AM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 5-02 or better

Dist Record: 5-08 5/21/2022 Porschia Bennett, Towanda
NFHS Record: 6-04.50 2015 Vashti Cunningham, Bishop Gorman HS, NV
 5-02.00 SQS State qualifying st
 4-08.00 MQ Meet qualifying stan

Meet Qualifying: 4-08.00

	Name	Year	School	Seed	Mark
1	Jordan Bowman	10	Northwest Area	5-04.00	SQS
2	Brooklyn Lentz	12	South Williamsport	5-02.00	SQS
3	Hannah Ely	12	Wyalusing Valley Area	5-01.00	MQ
4	Maddy Hall	11	Loyalsock Township	5-00.00	MQ
5	Elizabeth Sheesley	11	Mifflinburg	5-00.00	MQ
6	Hannah Fourspring	9	Mount Carmel Area	4-11.00	MQ
7	Marissa Allen	12	Mifflinburg	4-10.25	MQ
8	Bella Pistoia	10	Bloomsburg	4-10.00	MQ
9	Tatum Klebon	10	Southern Columbia Area	4-10.00	MQ
10	Jayden Phillips	11	Montoursville Area	4-10.00	MQ
11	Abby Akers	10	South Williamsport	4-10.00	MQ
12	Marisa Wise	10	Towanda	4-10.00	MQ
13	Caitlyn Weatherill	11	Central Columbia	4-10.00	MQ
14	Alyssa Parks	10	Troy	4-10.00	MQ
15	Annika Gehman	10	Wellsboro Area	4-10.00	MQ
16	Elizabeth Schrock	9	Milton Area	4-09.00	MQ
17	Haileyann Kramer	10	Meadowbrook Christian School	4-08.25	MQ
18	Destini Flowers	11	Hughesville	4-08.00	MQ
19	Gwen Kishbaugh	11	Hughesville	4-08.00	MQ
20	Kristina Belz	9	Wellsboro Area	4-08.00	MQ
21	Lucy Binkley	11	South Williamsport	4-08.00	MQ
22	Savannah McCracken	10	Wyalusing Valley Area	4-08.00	MQ
23	Paityn Moyer	11	Mount Carmel Area	4-08.00	MQ
24	Chloe Rishel	12	Mount Carmel Area	4-08.00	MQ
25	Callie Maclay	11	Southern Columbia Area	4-08.00	MQ

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Event 33 Girls Pole Vault AA

Saturday 5/20/2023 - 9:30 AM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 10-6 or better

Dist Record: 13-07 5/22/2017 Katie Jones, South Williamsport
NFHS Record: 14-09.50 2022 Amanda Moll, Olympia Capital HS, WA
 10-06.00 SQS State qualifying st
 8-06.00 MQ Meet qualifying stan

Meet Qualifying: 8-06.00

	Name	Year	School	Seed	Mark
1	Aurora Cieslukowski	11	Warrior Run	12-00.00	SQS
2	Jade Drogan	12	Bloomsburg	10-09.00	SQS
3	Kendall Simms	10	Montoursville Area	10-06.00	SQS
4	Ava Snyder	11	Central Columbia	9-06.00	MQ
5	Morgan Hermanofski	12	Northwest Area	9-06.00	MQ
6	Alivia Ritenour	10	Warrior Run	9-00.00	MQ
7	Kendall Kitchen	10	Canton Area	9-00.00	MQ
8	Lindsay Franchella	11	Northwest Area	9-00.00	MQ
9	Lyndie Peters	12	Loyalsock Township	9-00.00	MQ
10	Morgan Reiner	12	Milton Area	8-06.00	MQ
11	Alyssa Parks	10	Troy	8-00.00	
12	Claire Halterman	10	Bloomsburg	8-00.00	
13	Violet Bender	11	Northwest Area	8-00.00	
14	Marissa Mahonski	10	Montoursville Area	8-00.00	
15	Taylor Spencer	12	Wyalusing Valley Area	7-06.00	
16	Chloe Rishel	12	Mount Carmel Area	7-06.00	
17	Audrey Clare	12	Athens Area	7-06.00	
18	Marine Maynard	10	Towanda	7-06.00	
19	Brienna Birdsall	12	Milton Area	7-06.00	
20	Sayla Chapman	11	Southern Columbia Area	7-06.00	
21	Paityn Moyer	11	Mount Carmel Area	7-06.00	
22	Priscilla Newton	12	Wyalusing Valley Area	7-06.00	
23	Cassidy McClintock	12	Mifflinburg	7-06.00	
24	Kelise Morales	10	Milton Area	7-06.00	

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Event 37 Girls Long Jump AA

Thursday 5/18/2023 - 4:00 PM

Top 9 advance from trials to finals

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 16-11 or better

Dist Record: 20-03.50 5/17/2018 Breana Gambrell, Athens Area
NFHS Record: 22-01.75 1976 Kathy McMillan, RaefordHCHS,NC
 16-11.00 SQS State qualifying st
 16-01.00 MQ Meet qualifying stan

Meet Qualifying: 16-01.00

	Name	Year	School	Seed	Mark
1	Charly Schlauch	11	Bloomsburg	18-02.50	SQS
2	Bella Pistoia	10	Bloomsburg	17-04.00	SQS
3	Hannah Ely	12	Wyalusing Valley Area	16-11.50	SQS
4	Jenna Pizzoli	12	Mount Carmel Area	16-09.50	MQ
5	Mya Thompson	11	Athens Area	16-08.00	MQ
6	Loren Gehret	12	Southern Columbia Area	16-08.00	MQ
7	Cassy Friend	12	Athens Area	16-05.00	MQ
8	Caitlyn Weatherill	11	Central Columbia	16-03.00	MQ
9	Elizabeth Sheesley	11	Mifflinburg	16-01.00	MQ
10	Charity Vellner	11	Mount Carmel Area	16-00.50	
11	Annika Gehman	10	Wellsboro Area	16-00.50	
12	Jayanah Jones	9	Milton Area	15-09.75	
13	Katie Hughes	11	Loyalsock Township	15-09.00	
14	Sara Dewyer	12	Milton Area	15-08.50	
15	Lila Phillips	10	Montoursville Area	15-05.00	
16	Anna Kipp	12	Wyalusing Valley Area	15-03.50	
17	Amelia Gainer	10	Milton Area	15-02.00	
18	Jordan Bowman	10	Northwest Area	15-01.00	
19	Abby Pietraski	10	Loyalsock Township	15-00.75	
20	Morgan Hermanofski	12	Northwest Area	15-00.50	
21	Rubi Solano	11	Montgomery High School	15-00.00	
22	Maddy Hall	11	Loyalsock Township	14-11.25	
23	Jylian Bohner	11	Bloomsburg	14-10.75	
24	Abbie Panek	11	Athens Area	14-09.00	

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Event 41 Girls Triple Jump AA

Saturday 5/20/2023 - 12:30 PM

Top 9 advance from trials to finals

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 35-6 or better

Dist Record: 39-09.50 1977 Michelle Zublick, Mount Carmel
NFHS Record: 44-10 2019 Jasmine Moore, Lake Ridge HS, TX
 35-06.00 SQS State qualifying st
 33-00.00 MQ Meet qualifying stan

Meet Qualifying: 33-00.00

	Name	Year	School	Seed Mark	
1	Charly Schlauch	11	Bloomsburg	36-08.00	SQS
2	Annika Gehman	10	Wellsboro Area	34-08.00	MQ
3	Jylian Bohner	11	Bloomsburg	33-11.00	MQ
4	Bella Pistoia	10	Bloomsburg	33-10.75	MQ
5	Kina Cominski	12	Loyalsock Township	33-10.00	MQ
6	Hailey Myers	11	Hughesville	33-07.00	MQ
7	Katie Hughes	11	Loyalsock Township	33-07.00	MQ
8	Jenna Pizzoli	12	Mount Carmel Area	33-06.00	MQ
9	Anna Kipp	12	Wyalusing Valley Area	33-05.00	MQ
10	Hannah Ely	12	Wyalusing Valley Area	33-03.00	MQ
11	Alyssa Heckman	11	Midd-West High School	32-11.50	
12	Mya Thompson	11	Athens Area	32-11.50	
13	Abby Akers	10	South Williamsport	32-09.25	
14	Charity Vellner	11	Mount Carmel Area	32-08.50	
15	Jordan Bowman	10	Northwest Area	32-03.00	
16	Abby Pietraski	10	Loyalsock Township	32-02.50	
17	Anna Seeley	11	Montgomery High School	32-02.00	
18	Keturah Rice	9	Milton Area	32-01.50	
19	Julia Hasinus	9	Northwest Area	32-00.50	
20	Hailey Davenport	9	Northwest Area	32-00.00	
21	Elizabeth Sheesley	11	Mifflinburg	31-11.50	
22	Lila Phillips	10	Montoursville Area	31-11.00	
23	Aliana Ayala	11	Milton Area	31-10.00	
24	Hannah Fourspring	9	Mount Carmel Area	31-10.00	

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Event 45 Girls Discus Throw AA

Thursday 5/18/2023 - 4:00 PM

Top 9 advance from trials to finals

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 113-0 or better

Dist Record: 131-07 5/21/2005 Becky Rautzhan, Lewisburg
NFHS Record: 193-08 2023 Emma Sralla, FlowerMoundMarcusHS, TX
 113-00 SQS State qualifying st
 93-06 MQ Meet qualifying stan

Meet Qualifying: 93-06

	Name	Year	School	Seed	Mark
1	Avery Dowkus	12	Mount Carmel Area	116-03	SQS
2	Linsey Donlan	10	Southern Columbia Area	114-02	SQS
3	Alyssa Reisinger	12	Mount Carmel Area	113-10	SQS
4	Cassandra McGinley	11	Bloomsburg	111-09	MQ
5	Liv Kopitsky	10	Mount Carmel Area	110-06	MQ
6	Anna Baylor	11	Montoursville Area	104-06	MQ
7	Chloe Sauer	12	Mid-West High School	103-10	MQ
8	Alli Griscavage	12	Southern Columbia Area	102-00	MQ
9	Hailey Sherwood	12	Hughesville	98-07	MQ
10	Alexis McRoberts	9	Canton Area	93-06	MQ
11	Emma Pernaselli	11	Athens Area	91-11	
12	Keri Welliver	11	Central Columbia	91-08	
13	Tierney Patterson	11	North Penn - Mansfield	89-11	
14	Brianna Gordner	11	Milton Area	89-07	
15	Jasmine Williams	10	Mid-West High School	89-04.50	
16	Gracie-Mae Baker	12	Northwest Area	88-11.50	
17	Ava Snyder	10	Hughesville	87-00	
18	Adeline Sutton	11	Wyalusing Valley Area	86-11	
19	Hailey Carper	11	Warrior Run	86-02	
20	Amara Bieber	11	Warrior Run	85-09	
21	Emma Neuber	11	Northeast Bradford	84-04.50	
22	Marissa Valdez	10	Northwest Area	83-09	
23	Gianna Steele	9	Loyalsock Township	83-03	
24	Alysia Prieto	11	Milton Area	82-09	

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Event 49 Girls Javelin Throw AA

Saturday 5/20/2023 - 9:30 AM

Top 9 advance from trials to finals

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 121-0 or better

Dist Record: 153-03 5/18/2017 Maura Fiamoncini, Mount Carmel
NFHS Record: 185-08 2015 Madison Wiltrout, Connellsville HS, PA
121-00 SQS State qualifying st
105-06 MQ Meet qualifying stan

Meet Qualifying: 105-06

	Name	Year	School	Seed	Mark
1	Mackenzie Lopez	11	Milton Area	136-03	SQS
2	Morgan Reiner	12	Milton Area	131-09	SQS
3	Ellie Maeulen	10	Montoursville Area	117-04	MQ
4	Quinn Johnston	11	Southern Columbia Area	117-03	MQ
5	Amelia Gainer	10	Milton Area	116-01	MQ
6	Brooke Charnosky	10	Southern Columbia Area	110-06	MQ
7	Katrina Bennage	12	Mifflinburg	110-05	MQ
8	Addison Berlin	11	Central Columbia	109-11	MQ
9	Ava Snyder	10	Hughesville	106-01	MQ
10	Hailey Carper	11	Warrior Run	101-06	
11	Emilee Otis	12	Wyalusing Valley Area	100-11	
12	Ava Chapman	11	Mount Carmel Area	100-03	
13	Cassandra McGinley	11	Bloomsburg	99-00	
14	Emma Neuber	11	Northeast Bradford	98-04	
15	Emma Pernaselli	11	Athens Area	98-03	
16	Lyndsey Hostetter	10	Central Columbia	98-00	
17	Cadee Becker	11	East Juniata	97-02	
18	Ella O'Neill	10	Mount Carmel Area	95-09	
19	Jasmine Williams	10	Midd-West High School	95-08	
20	Cadence Karcher	12	Northwest Area	95-06	
21	Kaitlyn Nonnemacher	11	Towanda	90-04	
22	Megan Worthington	12	Central Columbia	88-11	
23	Abigail O'Connor	10	Northeast Bradford	87-05	
24	Madelyn Seeley	10	Troy	87-04	

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Event 53 Girls Shot Put AA

Saturday 5/20/2023 - 12:30 PM

Top 9 advance from trials to finals

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 36-06 or better

Dist Record: 39-04 5/21/2022 Avery Dowkus, Mount Carmel
NFHS Record: 57-01.25 2017 Alyssa Wilson, Donovan Catholic HS, NJ
 36-06.00 SQS State qualifying st
 32-00.00 MQ Meet qualifying stan

Meet Qualifying: 32-00.00

	Name	Year	School	Seed	Mark
1	Avery Dowkus	12	Mount Carmel Area	41-07.00	SQS
2	Liv Kopitsky	10	Mount Carmel Area	36-03.25	MQ
3	Linsey Donlan	10	Southern Columbia Area	35-10.00	MQ
4	Mikaela Sullivan	11	Central Columbia	34-07.50	MQ
5	Alli Griscavage	12	Southern Columbia Area	34-05.50	MQ
6	Emma Neuber	11	Northeast Bradford	33-02.50	MQ
7	Hailey Sherwood	12	Hughesville	32-06.00	MQ
8	Cassandra McGinley	11	Bloomsburg	32-05.00	MQ
9	Chloe Sauer	12	Mid-West High School	32-03.50	MQ
10	Allasandra Dicostanzo	10	Milton Area	32-03.25	MQ
11	Brianna Gordner	11	Milton Area	31-10.75	
12	Lyndsey Hostetter	10	Central Columbia	31-10.50	
13	Anna Baylor	11	Montoursville Area	31-06.50	
14	Amara Bieber	11	Warrior Run	31-05.25	
15	Nevaeh Katalinas	9	Mount Carmel Area	31-04.25	
16	Taylor Noss	12	Northwest Area	30-10.50	
17	Natalee Watson	12	Athens Area	30-06.75	
18	Emma Pernaselli	11	Athens Area	29-11.50	
19	Gabrielle Palfreyman	10	Wyalusing Valley Area	29-10.50	
20	Athena Chacona	12	Towanda	29-09.00	
21	Cora Franklin	10	Northeast Bradford	29-05.50	
22	Gracie-Mae Baker	12	Northwest Area	29-05.50	
23	Grace Harlan	11	Wellsboro Area	29-04.00	
24	Kendall Cohick	10	Loyalsock Township	29-03.75	

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Event 57 Girls 4x100 Meter Relay AA

Saturday 5/20/2023 - 12:45 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 50.80 or better

Dist Record: 48.42 5/19/2018 Athens Area, Athens Area
A Gambrell, R Hutchinson, B Gambrell, E Lunger
NFHS Record: 44.24 2019 , DeSoto HS, TX
Griffin, Hollis, Armstrong, Effiong
50.80 SQS State qualifying st
53.34 MQ Meet qualifying stan

Meet Qualifying: 53.34

Team	Relay			Seed Time
1 Central Columbia	1) Haley Bull 10	2) Kendra Stout 10	3) Madelyn Blake 11	48.95 SQS
			4) Liberty Gearing 12	
2 Bloomsburg	1) Brooke Fagan 10	2) Charly Schlauch 11	3) Andi Gutshall 12	50.71 SQS
			4) Bella Pistoia 10	
3 Southern Columbia Area	1) Loren Gehret 12	2) Lucy Maclay 9	3) Sophie Shadle 12	50.71 SQS
			4) Peyton Wisloski 11	
4 Loyalsock Township	1) Jillian Kennedy 9	2) Izzy Dadzie 11	3) Alaina Dadzie 9	51.12 MQ
			4) Kina Cominskie 12	
5 Hughesville	1) Elizabeth Fortin 11	2) Kylie Bieber 11	3) Bryn Derrick 11	51.40 MQ
			4) Kylie Temple 9	
6 Towanda	1) Kelsea Allen-Smith 12	2) Eliza Fowler 12	3) Kelci Carle 12	51.44 MQ
			4) Anna Dunn 10	
7 Milton Area	1) Kelise Morales 10	2) Keturah Rice 9	3) Zoey Majors 9	51.89 MQ
			4) Camron Roush 10	
8 Wyalusing Valley Area	1) Cassandra Kerin 11	2) Hannah Ely 12	3) Layla Botts 12	51.98 MQ
			4) Olivia Haley 11	
9 Mount Carmel Area	1) Abby Klokis 10	2) Haley Sypniewski 12	3) Jenna Pizzoli 12	52.09 MQ
			4) Maddyn McHugh 10	
10 Mifflinburg	1) Jayda Tilghman 10	2) Ally Shaffer 11	3) Calleigh Hoy 10	52.78 MQ
			4) Jasmine Doebler 9	
11 Athens Area	1) Abby Burgess 9	2) Cassy Friend 12	3) Emily Henderson 11	53.52
			4) Abbie Panek 11	
12 Northeast Bradford	1) Ava Lambert 9	2) Becca VandeMark 10	3) Lizzie Gorsline 9	53.56
			4) Melanie Shumway 11	
13 Montgomery High School	1) Makayla Cerami 9	2) Rubi Solano 11	3) Cierra Charles 12	53.70
			4) Anna Zalonis 9	
14 Montoursville Area	1) Sidney Boyle 10	2) Laila Shreck 10	3) Madalynn Metzger 10	53.71
			4) Josslyn Davis 11	
15 Canton Area	1) Kendall Kitchen 10	2) Alexis McRoberts 9	3) Laci Niemczyk 12	54.01
			4) Carolyn Thoren 12	
16 Northwest Area	1) Hailey Davenport 9	2) Emma Hayman 11	3) Morgan Hermanofski 12	54.54
			4) Jenna Tutorow 12	
17 Meadowbrook Christian School	1) Erica Stauffer 9	2) Grace Skjoldal 10	3) Haileyanne Kramer 10	54.94
			4) Abby Schuler 10	
18 South Williamsport	1) Adalynn Zellers 9	2) Abby Akers 10	3) Althea Street 9	55.17
			4) Elizabeth Swinehart 9	
19 Troy	1) Kylee Roy 9	2) Madelyn Seeley 10	3) Maddy Keeney 9	55.33
			4) Caelyn Pine 12	
20 North Penn - Mansfield	1) Darby Stetter 12	2) Kendelle Holleran 10	3) Anna Kennedy 10	56.10
			4) Tessa Mitchell 11	

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Event 57 ... (Girls 4x100 Meter Relay AA)

	Team	Relay	Seed Time
21	East Juniata		56.46
	1) Cadee Becker 11	2) Chloe Benazet 9	3) Leah Davison 10
			4) Naomi Leitzel 10

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Event 61 Girls 4x400 Meter Relay AA

Saturday 5/20/2023 - 4:30 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 4:08.75 or better

Dist Record: 3:58.56 5/22/2010 Lewisburg Area, Lewisburg
K Fisher, I Antensteiner, J Byerly, H Jones

NFHS Record: 3:35.49 2004 , Long Beach Poly, CA
Solomon, Lee, Harris, Solomon

4:08.75 SQS State qualifying st
4:22.68 MQ Meet qualifying stan

Meet Qualifying: 4:22.68

Team	Relay	Seed Time
1 Central Columbia		3:58.09 SQS
1) Madelyn Blake 11	2) Liberty Gearinger 12	3) Haley Bull 10
		4) Kendra Stout 10
2 Towanda		4:09.51 MQ
1) Kelsea Allen-Smith 12	2) Eliza Fowler 12	3) Kelci Carle 12
		4) Anna Dunn 10
3 Southern Columbia Area		4:09.95 MQ
1) Loren Gehret 12	2) Kate Moncavage 11	3) Sophie Shadle 12
		4) Peyton Wisloski 11
4 Canton Area		4:13.05 MQ
1) Kendall Kitchen 10	2) Alexis McRoberts 9	3) Camille McRoberts 12
		4) Daveian Crowley 9
5 Warrior Run		4:13.52 MQ
1) Andreanna Bohart 9	2) Callie Ulmer 9	3) Claire Dufrene 9
		4) Raygan Lust 10
6 Milton Area		4:13.80 MQ
1) Emma East 12	2) Samantha Roarty 9	3) Mackenzie Lopez 11
		4) Sara Dewyer 12
7 Hughesville		4:14.50 MQ
1) Elizabeth Fortin 11	2) Kylie Bieber 11	3) Sarah Pidcoe 10
		4) Kylie Temple 9
8 Troy		4:20.81 MQ
1) Caelyn Pine 12	2) Kylee Roy 9	3) Katie Lackey 11
		4) Alyssa Parks 10
9 South Williamsport		4:21.10 MQ
1) Ella Moore 9	2) Adalynn Zellers 9	3) Lillian Bradley 11
		4) Brooklyn Lentz 12
10 Athens Area		4:21.60 MQ
1) Emma Bronson 12	2) Mya Thompson 11	3) Addyson Wheeler 10
		4) Abby Burgess 9
11 Northeast Bradford		4:21.95 MQ
1) Anaiah Kolesar 9	2) Melanie Shumway 11	3) Lilah Hughes 10
		4) Lizzie Gorsline 9
12 Montoursville Area		4:24.82
1) Madalynn Metzger 10	2) Laila Shreck 10	3) Elizabeth Wanner 9
		4) Emma Cline 11
13 Mid-West High School		4:28.14
1) Camryn Pyle 11	2) Olivia Stroup 9	3) Leah Zimmerman 10
		4) Alyssa Heckman 11
14 Wyalusing Valley Area		4:28.17
1) Kayla Beebe 12	2) Layla Botts 12	3) Cassandra Kerin 11
		4) Treanna Nickeson 9
15 Mount Carmel Area		4:28.92
1) Maddyn McHugh 10	2) Kirianna Burt 9	3) Reese Romanoskie 9
		4) Ava Chapman 11
16 Mifflinburg		4:31.09
1) Natalie Osborne 10	2) Taylor Beachy 12	3) Jayda Tilghman 10
		4) Jasmine Doebler 9
17 Loyalsock Township		4:31.15
1) Izzy Dadzie 11	2) Chloe Kennedy 11	3) Kamarah Temple-Henderson
		4) Zowie Rinehart 9
18 North Penn - Mansfield		4:40.57
1) Anna Kennedy 10	2) Kendelle Holleran 10	3) Abaigeal Garverick 9
		4) Jaclyn Nelson 12
19 East Juniata		4:42.79
1) Cadee Becker 11	2) Bryleigh Mellott 11	3) Anna Sheaffer 12
		4) Carolyn Dressler 9
20 Montgomery High School		4:43.96
1) Madison Shrimp 11	2) Cierra Charles 12	3) Emilie Nagle 11
		4) Angelica Schmidt 11

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Event 65 Girls 4x800 Meter Relay AA

Thursday 5/18/2023 - 6:45 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 9:50.40 or better

Dist Record: 9:30.43 5/17/2014 Lewisburg Area, Lewisburg
 K. Edwards, M. Scarr, B. Baylor, J. Farmer
NFHS Record: 8:48.29 2012 , GrossePointSouthHS, MI
 Schwartz, Farrow, Meier, Meier
 9:50.40 SQS State qualifying st
 10:42.25 MQ Meet qualifying stan

Meet Qualifying: 10:42.25

Team	Relay				Seed Time
1 Hughesville	1) Hailey Poust 12	2) Grace Fortin 9	3) Kate Fortin 12	4) Vivian Draper 9	9:46.53 SQS
2 Warrior Run	1) Sienna Dunkleberger 11	2) Raygan Lust 10	3) Sage Dunkleberger 12	4) Claire Dufrene 9	9:50.71 MQ
3 Southern Columbia Area	1) Heather Cecco 12	2) Haley Conner 10	3) Kate Moncavage 11	4) Jillian Kehler 10	10:00.25 MQ
4 Athens Area	1) Emma Bronson 12	2) Ava Hughes 9	3) Thea Bentley 11	4) Sara Bronson 10	10:18.56 MQ
5 Northeast Bradford	1) Anaiah Kolesar 9	2) Melanie Shumway 11	3) Gracelyn Laudermlch 10	4) Lilah Hughes 10	10:21.62 MQ
6 Central Columbia	1) Erin Prezioso 10	2) Alia Williams 10	3) Madelyn Blake 11	4) Giavanna Grutza 10	10:23.33 MQ
7 Milton Area	1) Emma East 12	2) Kiley Long 9	3) Samantha Roarty 9	4) Adelyn Bush 9	10:26.67 MQ
8 Mifflinburg	1) Taylor Beachy 12	2) Laura Darrup 9	3) Marissa Allen 12	4) Maria Darrup 12	10:27.40 MQ
9 Wyalusing Valley Area	1) Kayla Beebe 12	2) Megan King 9	3) Riley Porter 9	4) Cassandra Kerin 11	10:42.35
10 South Williamsport	1) Brooklyn Lentz 12	2) Madison Breen 11	3) Addisyn Morrison 9	4) Ella Moore 9	10:46.98
11 Bloomsburg	1) Hali Bower 9	2) Taylor Bower 10	3) Brooke Fagan 10	4) Maizy Aikey 12	10:51.33
12 Montoursville Area	1) Karleigh McKenna 11	2) Elizabeth Wanner 9	3) Alexa Tira 11	4) Gabrielle Shearer 12	11:04.37
13 Loyalsock Township	1) Adara Whitehead 10	2) Emma Strickland 12	3) Kamarah Temple-Henderson	4) Alice Ecker 9	11:17.55
14 North Penn - Mansfield	1) Madelynne Johns 10	2) Jaclyn Nelson 12	3) Madalyn Farrer 11	4) Addison Farrer 11	11:21.42
15 Mount Carmel Area	1) Reese Romanoskie 9	2) Alexa Nowroski 11	3) Leah Shedleski 12	4) Ava Chapman 11	11:32.87
16 Montgomery High School	1) Angelica Schmidt 11	2) Lillian Muhl 9	3) Lillian Chronister 10	4) Ella Nagel 9	11:42.50
17 Northwest Area	1) Brooke Bau 12	2) Savannah Cronauer 9	3) Kayana Krall 9	4) Lillian Whitenight 12	11:45.00
18 Troy	1) Isis Lyon 12	2) Lilly Robbins 9	3) Natalie Williams 11	4) Katie Lackey 11	12:04.62
19 East Juniata	1) Lilly Goodling 9	2) Chloe Benazet 9	3) Carolyn Dressler 9	4) Makaylyn Peters 9	12:56.00

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Event 69 Girls 300 Meter Hurdles AA

Saturday 5/20/2023 - 2:15 PM

Champion and runner-up advance automatically to the State Meet

SQ: Top 8 finish and 47.64 or better

Dist Record: 44.55 5/18/2013 Elyse Skerpon, Sayre
NFHS Record: 39.98 2001 Lashinda Demus, LngBeachWlsnHS, CA
 47.64 SQS State qualifying st
 50.96 MQ Meet qualifying stan

Meet Qualifying: 50.96

	Name	Year	School	Seed Time	
1	Ava Rebuck	11	Central Columbia	46.27	SQS
2	Kylie Temple	9	Hughesville	46.35	SQS
3	Camryn Pyle	11	Midd-West High School	46.41	SQS
4	Mackenzie Lopez	11	Milton Area	47.21	SQS
5	Emma Cline	11	Montoursville Area	47.92	MQ
6	Camden Wasielewski	10	Bloomsburg	48.50	MQ
7	Alyssa Parks	10	Troy	48.91	MQ
8	Emilie Nagle	11	Montgomery High School	50.33	MQ
9	Jayda Tilghman	10	Mifflinburg	50.72	MQ
10	Sadie Turnbow	9	Hughesville	51.12	
11	Chloe Kennedy	11	Loyalsock Township	51.13	
12	Kirianna Burt	9	Mount Carmel Area	51.67	
13	Emma Hayman	11	Northwest Area	51.67	
14	Zowie Rinehart	9	Loyalsock Township	51.71	
15	Rose Shikanga	10	Sayre Area	51.77	
16	Sarah Seeling	11	Wellsboro Area	51.80	
17	Makayla Miller	11	Hughesville	51.80	
18	Minna Shingara	9	Southern Columbia Area	51.83	
19	Shakira Moyer	9	Mifflinburg	51.84	
20	Alexis McRoberts	9	Canton Area	51.84	
21	Emily Henderson	11	Athens Area	52.23	
22	Baylee O'Connell	10	Central Columbia	52.67	
23	Anna Zalonis	9	Montgomery High School	52.90	
24	Ainsley Brewington	11	Central Columbia	53.17	