

2021 PIAA District IV Track and Field Championships

Date and Location

- Class AA and AAA will meet at Williamsport Area High School on Thursday, May 20th at 5:00 PM and Saturday, May 22nd at 10:00 AM.
- A rain date of Friday May, 21st is in place if inclement weather should affect the set schedule.

****COVID - 19 Protocol****

We are all aware that this is an unusual year; however, many things have become a new normal. In an effort to remain safe and not compromise the use of the facility at Williamsport Area High School, District IV needs everyone to be compliant with and enforce the following protocols to ensure a safe but yet competitive event.

*****These protocols are to be enforced by ALL District IV personnel, officials, coaches, and student athletes while on the grounds of Williamsport Area High School. We MUST take care of each other*****

Mask Wearing

Individuals are required to wear face coverings in accordance with the Secretary of Health's Order effective November 18th, 2020.

The information below is directly copied from the FAQ's from the PA Department of Health:

Outdoors: Coaches, athletes (including cheerleaders), and spectators must wear face coverings if they cannot maintain sustained physical distance from persons outside of their household. This includes while actively engaged in workouts, competition, and on the sidelines, in the dugout, etc. If sustained six-foot distancing can be maintained, face coverings may be removed when outdoors.

Competitors

Masks need to be worn at all times when competitors cannot sustain social distancing and are not competing.

Competitors During Competition

Only athletes competing in a "live" event will be allowed on the infield of the stadium. *****For purposes of this meet a "live" event will be defined as an event that has been called to check in by way of first-second-third calls.*** Masks need to be worn by competitors who are warming up for every track and field venue within the gates of Williamsport's track and turf field as well as outside in the throwing areas.

Masks need to be worn by competitors up until the moment of competition. This means they may remove their mask to compete. When they have completed their event (crossed the finish line, left the circle, exited the pit etc.) they are required to put their masks back on at their earliest convenience.

Athletes have the discretion to wear a mask at all times of competition if that is their choice.

Examples:

Sprinter A is staging their blocks for the 100 meters. They are required to wear their mask during this process. Once their blocks are set, and the starter is ready to call them back to stand at their blocks, they may remove their mask at that time. Once their race is completed, they will report back to the clerking area to collect their things, and they will be required to put their mask back on at their earliest convenience and leave the infield. Similarly, this procedure will be the same for events run in lanes.

Distance Runner A is running the 1600. They are required to wear a mask until the clerk stages the heat and sends them down track to the start line. When they have crossed the finish line, they will take the necessary time to recover and put their mask back on at their earliest convenience. Similarly, this procedure will be the same for the 800 and 3200.

Jumper A has been called "Up" by the official. They may remove their mask and step on the runway. They will execute their jump, exit the pit, and then proceed to put on their mask at the earliest convenience and remain socially distanced in the vicinity of the venue. Similarly, this procedure will be the same for the throwing events and vertical jumps.

Team Tents

It is in the best interest for teams to stay in their own tented area when not in competition.

Qualifying

- **AA-** Qualification for the 2021 District IV meet will be determined first, by automatic qualifiers and second, by the remaining top 24 performances/rankings in the AA boys and girls classifications as reported and maintained by the pa.milesplit website.
- **AAA-** Qualification for the 2021 District IV meet will be determined first by automatic qualifiers and then by the remaining top 16 performances in the AAA boys and girls classifications as reported and maintained by the pa.milesplit website.
- **SPECIAL NOTE:** All AAA schools may enter a relay team in the 4x100, 4x400, and 4x800 meter relays.
- Eligible performances must be met in interscholastic competition. This includes dual meets, multi-team meets, and invitational meets.
- No performances will be accepted from practices, scrimmages, previous years or any other meets not sanctioned by PIAA.

*****Any performance made after the District Entry Deadline will not be accepted. This deadline is Monday May 17th at 7:00 PM.*****

It is the coaches' responsibility to upload meet results from meets other than sanctioned invitationals. No performance sent to myself will be acknowledged for rankings. It must go through pa.milesplit. No exceptions.

AUTOMATIC QUALIFIER

- Automatic Qualifying Marks can be found on the PIAA4.net website.
- Any athlete that ties or surpasses the automatic qualifier in their classification will be guaranteed entry into the 2021 District Meet.
- The completion of the competitive field in each event per gender classification will then be filled from the rankings list from pa.milesplit.

EXAMPLE OF THE QUALIFIER: If 18 boys automatically qualify for the boys AA 100 meter dash, then the next top 6 times will be entered from

the rankings list on pa.milesplit to fill the field of 24. This is how all events will be conducted except the AAA Relays. All AAA schools gain an entry in relay events.

Implement Inspection Times

- All implement inspections will be done during one time window only on their respective days (Thursday's events will be weighed in on Thursday; Saturday's events will be weighed in on Saturday).
- No implements will be inspected or be permitted to be used after the inspection period closes.
- If athletes are arriving later for afternoon events, their implements must be inspected during the open window. No exceptions will be made.

****For both classes weigh-ins will be from 3:30 PM-5:00 PM on Thursday and 7:30 AM - 9:00AM on Saturday in the field house at the north end of the stadium. Look for the signs.****

Pole Vault Weigh-Ins

- All pole vaulters will be weighed in prior to competition.
- Weigh-ins will take place at the same location as the implement inspection.
- Coaches need to bring their [pole vault certification forms](#) with them to the weigh-in.

Entry Mechanism

- PIAA has chosen to use pa.milesplit.com for District IV meet entries.
- In order to maintain a verification of marks, please submit meet results to the daniel.beck@flosports.tv and ed@circlewsports.com throughout the season.
- This can be done by using the purchased software Hy-Tek meet management system; using the free software available from pa.milesplit called [RaceTab](#); or using the excel file available off the piaad4.net page.
- Individual performances maintained on your team page within pa.milesplit will not work.

No Hy-Tek. No RaceTab. No Problem

Coaches who do not use the computer software programs Hy-Tek or RaceTab to maintain their meets, **PLEASE** use the Excel file attached on the piaad4.net website for all your meets to report times and distances. It should be, (but is not always true) that the host team should be responsible for doing this.

Steps in using the template are as follows:

1. Download the file as a template to be used for all your meets.
2. Fill in your performances from your meet.
3. Save As "Team" vs "Team" (Example: Lewisburg vs Milton)
4. **Attach the file and send email to: daniel.beck@flosports.tv and ed@circlewsports.com**
5. Include in the email the date and whether or not the times are FAT.
6. It may take a day or two to get them into rankings. Be patient.

General Information

Seeding: There will be no seed meeting. All entry will be done on-line, performance list, seeding and heat/lane assignments will be posted to the pa.milesplit website prior to the meet and sent via email.

Entries: All entry will be done via pa.milesplit. Entries are currently open and **close at 7:00 PM on Monday, May 17th, 2021**. Coaches can submit entries at any time and are encouraged to do so.

Final Declaration:

- No athletes can be added to the meet after the entry period closes for their classification.
- No athlete can be entered in more than four (4) events, that includes relays.

Example: If an athlete is qualified in 6 different events, his or her four (4) committed events that they will compete in MUST be declared by the final declaration time. No athlete will be listed in more than (4) events in the meet program. No exceptions.

Coaches can make final declarations by editing entry marks on pa.milesplit or by contacting David Gabriel before **7:00 PM on Monday, May 17th, 2021** at: (607) 857-2686 or email: d4trackandfield@gmail.com

Entry Limits

- 4 events per athlete maximum, including relays.
- 3 athletes per school, per event maximum.
- Coaches will be required to provide validation of times/distances if challenged.

- 1 (one) ranked relay team per event, per school. You may substitute athletes who have less than 4 events into the relays the day of the meet.

Rules

All NFHS rules, with Pennsylvania exceptions, will be enforced. This includes uniform regulations. Consult a registered PIAA official if you have any questions.

Seeding Procedures

- The meet will be contested on a track with eight (8) lanes.
- All distances are in meters.
- In the preliminaries of the 100m, 100h, and 110h. The fastest qualifier will be placed in lane 4 of the first heat. The next fastest in lane 4 of the second heat, etc. The pattern of lanes will be 4-5-3-6-2-7-1-8 in the 100, 100h, 110h. Advancement will be based on either time or place, depending on the number of heats.
- Where the number of heats is equal to or less than the number of lanes being used (i.e. 8 in the 100m, 100h, 110h) the method of advancement will be on place then time. The 8 qualifiers will run in the final.
- 300IMs, 200m, and 400m will be final races on time. The 8 fastest qualifiers will compete in the last heat. No heat will have fewer than 2 athletes.
- The 400m relay will be run entirely in lanes, using the 4-5-3-6-2-7-1-8 pattern with the fastest qualifier in lane 4. No heat will be run with fewer than 2 teams.
- The 800m, 1600m and 3200m will start from 2 alleys, and will run a one turn stagger to the break-line by the 300m start. Runners will be seeded across the two alleys (for example, #1 will be inside, #2 outside, etc.). If more than 1 heat is required, the 12 fastest ranked competitors will run in the fast heat.
- The first leg of the 1600m relay will be run as a **3 turn stagger**, breaking at the 300m start. The fastest qualifier will be in **lane 4**. No heat will be run with fewer than 2 teams.
- The 3200m relay will use two alleys. Fastest qualifier will be in position 1.

- In the throwing and horizontal jumping events, the best qualifier will compete last in the trials.
- In the finals, the order of competition will be in reverse order of the trials performances. 9 competitors (and ties for 9th) will advance from the trials to the finals.
- In the pole vault and high jump, the "5 alive" procedure will be used, with the best qualifier listed last on the sheet.
- All measurement in the field events will be in feet and inches.

Scoring

- AA Girls and Boys - 8 places will be scored in the boys and girls AA classification for individual events and relays. (10-8-6-5-4-3-2-1)
- AAA Girls - 6 places will be scored in the girls AAA classification for individual events and relays. (10-8-6-4-2-1)
- AAA Boys - 8 places will be scored in the boys AAA classification for individual events and relays. (10-8-6-5-4-3-2-1)

Awards

- Medals will be awarded to the top 6 places in both boys and girls AA classifications.
- Medals will be awarded to the top 3 places in both boys and girls AAA classifications.

Excuse Time

- Athletes will be excused for a maximum of 15 minutes to compete in another event. The athlete has 15 minutes from the time that they check out with the chief judge to present themselves for their next attempt. If they do not return in that time frame, the effort will be marked as a "pass". Athletes will not be held in the paddock.
- The order of competitors in finals in the field events **may be altered within reason** to accommodate athletes in other events.

Implements

- All implements will be weighed and inspected prior to competition, and must be in compliance with NFHS specifications.
- Weigh-ins and implement inspection for ALL throwing events will begin at the posted time on the time schedule. All implements to be used in competition are to be inspected during this period. No implements will be inspected after the weigh-in period closes.
- Coaches are encouraged to only bring implements that will actually be used in competition. Inspecting and weighing extra implements slows the process and creates greater confusion.

Hurdles, Starting Blocks, Cross Bars

Meet management will provide all hurdles, starting blocks and crossbars. If you have special starting block requests (i.e. Moyer block) contact David Gabriel, Meet Director, directly (d4trackandfield@gmail.com or 607-857-2686). Rakes, brooms, shovels, etc. will be provided by Williamsport.

Spikes

Per facility management, the maximum **spike length is 1/8" PYRAMID**. Find them and invest in them now. Athletes will not be permitted to wear any other size spikes than what is listed here. This goes for the track, the horizontal jumping runways, high jump areas, and javelin surfaces.

*****This will be strictly enforced and spikes will be inspected by officials prior to the event start*****

Field-Turf

Per facility management, no Easy-Up tents or tents with any protruding stakes will be allowed on the infield for any reason.

Surfaces

Circles are concrete; the javelin approach is the same as the track surface; horizontal runways and high jump areas are the same as the track surface.

Pole Vault Verification

- Coaches are reminded to read and review the rules pertinent to pole and pole vaulter certification.
- The meet referee, or his/her designee, will collect all pole vault certification

sheets and inspect all poles prior to the beginning of any warm-ups. Coaches should bring their vaulter certification sheets with them the day of the meet.

Warm-Ups in the Field Events

Warm-ups in the field events will not be permitted until an adult official, event worker or coach is present at the event. Safety dictates that we provide adult supervision during all warm-up periods in all field events.

SPECIAL NOTE FOR THE HIGH JUMP: Only tape will be allowed for use as markers on the high jump apron. A maximum of two (2) pieces, per athlete will be allowed. Athletes may NOT put tape down prior to the warm period beginning, once the official arrives at the venue. All tape will be removed prior to the beginning of the warm-up period for the next event. Officials will ask all competitors to initial their tape marks when putting them down.

Results

- Results will be posted and updated Live and available on the pa.milesplit website. Live Link will be made available closer to the meet.
- Complete final results will be posted to this website within 24 hours of the completion of the meet.

Contacts

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