

2019 PIAA District IV Track and Field Championships

Date and Location

- Class AA and AAA will meet at Williamsport Area High School on Thursday, May 16th at 6:00 PM and Saturday, May 18th at 10:00 AM.
- A rain date of Friday May, 17th is in place if inclement weather should affect the set schedule.

Implement Inspection Times

- All implement inspection will be done during one time window only on their respected days (Thursday's events will be weighed in on Thursday; Saturday's events will be weighed in on Saturday).
- No implements will be inspected or be permitted to be used after the inspection period closes.
- If athletes are arriving later for afternoon events, their implements must be inspected during the open window. No exceptions will be made.

****For both classes weigh-ins will be from 4:00PM-5:30 PM on Thursday and 7:30 AM - 9:00AM on Saturday in the field house at the north end of the stadium. Look for the signs.****

Pole Vault Weigh-Ins

- All pole vaulters will be weighed in prior to competition.
- Weigh-ins will take place at the same location as the implement inspection.
- Coaches need to bring their [pole vault certification forms](#) with them to the weigh-in.

Entry Mechanism

- PIAA has chosen to use pa.milesplit.com for District IV meet entries.
- In order to maintain a verification of marks, please submit meet results to the pa.milesplit website throughout the season.
- This can be done by using the purchased software Hy-Tek meet management system; using the free software available from pa.milesplit called [Racetab](#); or using the excel file available off the piaad4.net page.
- Individual performances maintained on your team page within pa.milesplit will not work.

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NO Hy-Tek, NO RaceTab, NO Problem

Coaches who do not use the computer software programs Hy-Tek or RaceTab to maintain their meets, **PLEASE** use the Excel file attached on the piaad4.net website for all your meets to report times and distances. It should be, (but is not always true) that the host team should be responsible for doing this.

Steps in using the template are as follows:

1. Download the file as a template to be used for all your meets.
2. Fill in your performances from your meet.
3. Save As "Team" vs "Team" (Example: Lewisburg vs Milton)
4. **Attach the file and send email to: daniel.beck@flosports.tv and don.rich@flosports.tv**
5. Include in the email the date and whether or not the times are FAT.
6. It may take a day or two to get them into rankings. Be patient.

Qualifying

- **AA**-Qualification for the 2019 District IV meet will be determined first by automatic qualifiers and then by the remaining top 24 performances in the AA boys and girls classifications as reported and maintained by the pa.milesplit website.
- **AAA**-Qualification for the 2019 District IV meet will be determined first by automatic qualifiers and then by the remaining top 16 performances in the AAA boys and girls classifications as reported and maintained by the pa.milesplit website.
- **SPECIAL NOTE:** All AAA schools may enter a relay team in the 4x100, 4x400, and 4x800 meter relays.
- Eligible performances must be met in interscholastic competition. This includes dual meets, multi-team meets, and invitational meets.
- No performances will be accepted from practices, scrimmages, previous years or any other meets not sanctioned by PIAA.

*****Any performance made after the District Entry Deadline will not be accepted. This deadline is **Sunday May 12th at 7:00 PM.*******

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It is the coaches' responsibility to upload meet results from meets other than sanctioned invitationals. No performance sent to myself will be acknowledged for rankings. It must go through pa.milesplit. No exceptions.

AUTOMATIC QUALIFIER

- Automatic Qualifying Marks can be found on the PIAAd4.net website.
- Any athlete that ties or surpasses the automatic qualifier in their classification will be guaranteed entry into the 2019 District Meet.
- The completion of the competitive field in each event per gender classification will then be filled from the rankings list from pa.milesplit.

EXAMPLE OF THE QUALIFIER: If 18 boys automatically qualify for the boys AA 100 meter dash, then the next top 6 times will be entered from the rankings list on pa.milesplit to fill the field of 24. This is how all events will be conducted except the AAA Relays. All AAA schools gain an entry in relay events.

General Information

Seeding: There will be no seed meeting. All entry will be done on-line, performance list, seeding and heat/lane assignments will be posted to the pa.milesplit website prior to the meet.

Entries: All entry will be done via pa.milesplit. Entries will open on March 17th, 2019 and **close at 7:00 PM on Sunday, May 12th, 2019**. Coaches can submit entries at any time after March 17th and are encouraged to do so.

Final Declaration:

- No athletes can be added to the meet after the entry period closes for their classification.
- No athlete can be entered in more than four (4) events coming into the meet and allowed to scratch out of extra events the day of the meet to gain an advantage.

Example: If an athlete is qualified in 6 different events, his or her four (4) committed events that they will compete in MUST be declared by the final declaration time. No athlete will be listed in more than (4) events in the meet program. No exceptions.

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Coaches can make final declarations by editing entry marks on pa.milesplit or by contacting David Gabriel before **7:00 PM on Sunday, May 12th, 2019** at: (607) 857-2686 or email: d4trackandfield@gmail.com

Entry Limits

- 4 events per athlete maximum, including relays.
- 3 athletes per school, per event maximum.
- Coaches will be required to provide validation of times/distances if challenged.
- 1 ranked relay team per event, per school.

Rules

All NFHS rules, with Pennsylvania exceptions, will be enforced. This includes uniform regulations. Consult a registered PIAA official if you have any questions.

Seeding Procedures

- The meet will be contested on a track with eight (8) lanes.
- All distances are in meters.
- In the preliminaries of the 100m, 100h, and 110h. The fastest qualifier will be placed in lane 4 of the first heat. The next fastest in lane 4 of the second heat, etc. The pattern of lanes will be 4-5-3-6-2-7-1-8 in the 100, 100h, 110h. Advancement will be based on either time or place, depending on the number of heats.
- Where the number of heats is equal to or less than the number of lanes being used (i.e. 8 in the 100m, 100h, 110h) the method of advancement will be on place then time. The 8 qualifiers will run in the final.
- 300IMs and 400m will be final races on time. The 8 fastest qualifiers will compete in the last heat. No heat will have fewer than 2 athletes.
- The 400m relay will be run entirely in lanes, using the 4-5-3-6-2-7-1-8 pattern with the fastest qualifier in lane 4. No heat will be run with fewer than 2 teams.

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- The 800m, 1600m and 3200m will start from 2 alleys, and will run a one-turn stagger to the break-line by the 300m start. Runners will be seeded across the two alleys (for example, #1 will be inside, #2 outside, etc.). If more than 1 heat is required, the 12 fastest ranked competitors will run in the fast heat.
- The first leg of the 1600m relay will be run as a **3 turn stagger**, breaking at the 300m start. The fastest qualifier will be in **lane 4**. No heat will be run with fewer than 2 teams.
- The 3200m relay will use two alleys. Fastest qualifier will be in position 1.
- In the throwing and horizontal jumping events, the best qualifier will compete last in the trials.
- In the finals, the order of competition will be in reverse order of the trials performances. **9** competitors (and ties for 9th) will advance from the trials to the finals.
- In the pole vault and high jump, the "5 alive" procedure will be used, with the best qualifier listed last on the sheet.
- All measurement in the field events will be in feet and inches.

Scoring

- 8 places will be scored in boys and girls AA Classes for individual and relays. 10-8-6-5-4-3-2-1
- 6 places for individuals and 6 places for relays will be scored in the AAA girls and boys Classifications. 10-8-6-4-2-1 in individual events, and 10-8-6-4-2-1 for relays. (Rule 2-2, page 10).

Awards

- Medals will be awarded to the top 8 places in both boys and girls AA classifications.
- Medals will be awarded to the top 4 places in both boys and girls AAA classifications.

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Excuse Time

- Athletes will be excused for a maximum of 15 minutes to compete in another event. The athlete has 15 minutes from the time that they check out with the chief judge to present themselves for their next attempt. If they do not return in that time frame, the effort will be marked as a "pass". Athletes will not be held in the paddock.
- The order of finals in the field events **may be altered within reason** to accommodate athletes in other events.

Implements

- All implements will be weighed and inspected prior to competition, and must be in compliance with NFHS specifications.
- **Weigh-ins and implement inspection for ALL throwing events will begin at the posted time on the time schedule. All implements to be used in competition are to be inspected during this period. No implements will be inspected after the weigh-in period closes.**
- Coaches are encouraged to only bring implements that will actually be used in competition. Inspecting and weighing extra implements slows the process and creates greater confusion.

Hurdles, Starting Blocks, Cross Bars

Meet management will provide all hurdles, starting blocks and crossbars. If you have special starting block requests (i.e. Moyer block) contact David Gabriel, Meet Director, directly (d4trackandfield@gmail.com or 607-857-2686). Rakes, brooms, shovels, etc. will be provided by Williamsport.

Spikes

Per facility management, the maximum **spike length is 1/8" PYRAMID**. Find them and invest in them now. Athletes will not be permitted to wear any other size spikes than what is listed here. This goes for the track, the horizontal jumping runways, high jump areas, and javelin surfaces.

This will be strictly enforced and spikes will be inspected by officials prior to the event start

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Field-Turf

Per facility management, no Easy-Up tents or tents with any protruding stakes will be allowed on the infield for any reason.

Surfaces

Circles are concrete; javelin approach is the same as the track surface; horizontal runways and high jump area are the same as the track surface.

Pole Vault Verification

- Coaches are reminded to read and review the rules pertinent to pole and pole vaulter certification.
- The meet referee, or his/her designee, will collect all pole vault certification sheets and inspect all poles prior to the beginning of any warm-ups. Coaches should bring their vaulter certification sheets with them the day of the meet.
- [Download a pole-vault verification form.](#) Revised form as of February 16, 2018.

Warm-Ups in the Field Events

Warm-ups in the field events will not be permitted until an adult official, event worker or coach is present at the event. Safety dictates that we provide adult supervision during all warm-up periods in all field events.

SPECIAL NOTE FOR THE HIGH JUMP: Only tape will be allowed for use as markers on the high jump apron. A maximum of two (2) pieces, per athlete will be allowed. Athletes may NOT put tape down prior to the warm period beginning, once the official arrives at the venue. All tape will be removed prior to the beginning of the warm-up period for the next event. Officials will ask all competitors to initial their tape marks when putting them down.

Results

- Results will be posted and updated Live and available on the pa.milesplit website.
- Complete final results will be posted to this website within 24 hours of the completion of the meet.

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Contacts

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