

January 22, 2024

Dear Coaches and Athletic Directors

Enclosed are materials for the 2023-2024 AA District IV Swimming and Diving Championships. Swimming will be held at Williamsport Area High School on Wednesday/Thursday February 28/29, 2024. The PIAA D4 Diving Championships will be held at the Bloomsburg Middle School on Saturday, February 24, 2024 **(Please note that this material may pertain to your school, even if you do not sponsor a swim team.) The State Swimming and Diving Championships will be held at Bucknell University March 13-16, 2024** It is possible for individual swimmers or divers to qualify for the district meet.

Enclosed, you will find the following:

- Information sheet-DATES---TIMES---PLACES
- Qualifying standards (2nd time sent)-Automatic and Cut-Off
- Instructions for entering athletes online for diving
- Schedule and instructions for the PIAA District IV Swimming Championship Meet at Williamsport Area High School
- Schedule and Instructions for the PIAA District IV Diving Championship Meet at Bloomsburg Middle School
- Diving Standards
- Instructions for entering swimmers to be in a follow-up email
- Independent entries(swimming/diving) must bring written documentation to verify they have permission to coach

Please distribute this information immediately, and feel free to contact me if you have any questions.

Janis Arp
Sincerely Chairperson
District IV Swimming & Diving
Cell # 570-419-0532
Janisarp11@gmail.com

PIAA District IV

AA Swimming & Diving Championships

2023-2024

Dear Coach:

The District IV AA Diving Championships will be held on **Saturday, February 24, 2024 at the Bloomsburg Middle School. The District IV Swimming Championships will be held on Wednesday and Thursday February 28/29, 2024 at Williamsport Area High School.**

Facilities: Bloomsburg Middle School has two (2) one-meter diving boards for the diving competition.

Williamsport High School has an 8 lane pool with electronic timing (Colorado System). 8 new starting blocks with the platform wedge have been installed.

Team Entries: Each team shall be permitted to enter a maximum of four (4) entries in an individual event, and one (1) relay team in a relay event, providing the swimmers meet the qualifying restrictions. Please include a roster of all male and female swimmers in Hy-Tek. **It is also important that coaches include male and female divers on your roster in Hy-Tek so their points they score are included in the final meet score. This will also enter them in the State Meet if they qualify.**

Schools that do not sponsor swimming may not enter relay teams.

Qualifying Times: Automatic qualifying time standards, and cut-off times must be met by February 16, 2024 in order to compete. All qualifying times must be met in PIAA-sanctioned meets (i.e. not YMCA, US Swim, etc.). Please indicate if times were met in a 25-meter pool, and please convert times to the 25-yard standard.

***In the event of inclement weather on Wednesday or Thursday evening the tentative makeup for swimming will be announced with dates, location, and times on the district 4 website(piaad4.net). Coaches will also be notified by email of cancellation of the scheduled dates. In the event diving is also postponed we will announce new dates and times as soon as possible. Please let your athletes and coaches know this immediately. Coaches please include your EMAIL address, and CELL # on your entries in case of cancellations and postponements.*

*** You can access the District 4 web site to obtain information should there be any changes in the scheduling of the events. The website is piaad4.net*

District IV Diving

Saturday, February 24, 2024

The time schedule for the District IV Diving Championships and team warm-ups at Bloomsburg Middle School is as follows below:

All divers must be entered into the meet by Wednesday February 21, 2024 prior to 8:00pm.. NEW ENTRY METHOD- This year coaches will email their diving entries to Brad Smith at district4swim@gmail.com. Since he is in charge of the diving entries his email is again district4swim@gmail.com if you have questions concerning the entry process contact him.

COMPETITION DAY

Saturday, February 24, 2024

FEMALE WARM-UP TIME	9:00am
FINAL FEMALE DIVE SHEETS REQUIRED Signed at the Scorers' Table	9:45 am
FEMALE COMPETITION BEGINS	10:00 am

AWARDS FOLLOW COMPETITION (medals awarded to top 4 places)

THE FOLLOWING TIMES ARE APPROXIMATE:

MALE WARM-UP TIME	12:30 pm
FINAL MALE DIVE SHEETS REQUIRED Signed at the Scorers' Table	1:15 pm
MALE COMPETITION BEGINS	1:30 pm

AWARDS FOLLOW COMPETITION (medals awarded to top 4 places)

The top 2 male and female divers will advance to the State Meet at Bucknell University.

DIVING STANDARDS:

All diving programs will be completed online as previously stated with instructions.

All rules from the Federation Rules Book will apply. The additional requirements are:

1. All dives listed on diving entry must have been performed during the season. awarded a final average score of 5.0 or higher in any given meet. (Satisfactory 5.0 or higher).
2. Dives may be challenged. Coaches should have all of their diving score sheets (signed by referee) in their possession at officials meeting prior to the start of the Diving Championships to answer any challenges.
3. Each diver must achieve a score of 90 points in 6 dives with no DD factored into the score.
4. Each diver shall do eleven (11) dives: five (5) voluntary dives and six (6) optional dives. Rule 9: Section 4, Article 1d.
5. The five voluntary dives shall come from each of the five groups, and shall not have a combined DD of groups greater than 9.0. Of the six optional dives, no more than one optional dive from the same group is permitted through the semi-finals. (Rule #9, Section 4, Article 1.)
6. **Information for each diver entered must include:**
 - A. Name
 - B. Grade (#)
 - C. Event
 - D. School name

Divers must have successfully completed all optional dives listed on the entry form, prior to attempting those dives in the championship meet.

- When you arrive at Bloomsburg Middle School, please check with the meet scorer, at the scorer's table. **The athlete and coach must sign a hard copy of the dive sheet. If a coach wishes to change the dive list on Saturday, that must be done by 9:45 am for FEMALE Divers and 1:15pm for MALE Divers(approximately)**
- Please Contact Janis Arp at, janisarp11@gmail.com if you have any questions. Please be sure to include a coach's telephone number and email address with all entries and inquiries so that we may contact you quickly in case of weather concerns or other questions. My cell # 570-419-0532 or Brad Smith at district4swim@gmail.com
- 2 Male and 2 Female Divers will advance to the State Meet
- Medals will be awarded to the first 4 places in the girls and boys competitions

Bloomsburg Health and Safety Protocols:

- Spectators will be permitted. No admission fee.
- Divers, coaches, and spectators will be required to follow the Health and Safety Protocols for Bloomsburg Athletics.
- A lifeguard will be on-duty for the duration of the event.
- A trainer will be available on the pool deck or in the training room located across from the pool.
- Athletes are not permitted to have food on the pool deck-water only.

District IV Swimming

Wednesday, February 28 and Thursday

February 29, 2024

- Open warm-ups begin at 4:00 p.m. for both days. Swimmers will not be permitted on deck before 3:50 p.m. and they will not be permitted into the building before 3:00 pm – so please plan accordingly. All lanes will be open for warm-ups.
- The pool will be cleared at 5:40 p.m.
- **The meet begins at 6:00 p.m. on both days. DOORS WILL OPEN FOR THE PUBLIC AT 5 pm.**
- Coach's scratch meeting at 4:30 p.m. – The head swimming coach must attend in classroom A-126 off of the hallway upstairs. The Captain(1) meeting for all team captains and independent swimmers will be held on the pool deck at 5:45p

GENERAL INFORMATION

- Swimming entry information will be sent in a follow-up email from Brad Smith (district4swim@gmail.com) This will contain entry file information, time frames for entries, and instructions for independent coaches.
- Boys and girls will advance a minimum of one (1) swimmer to the PIAA Championship Swimming Meet. Subsequent PIAA qualifiers will be announced early the week prior to the PIAA Championships.
- Up to four swimmers per school per event may be entered in the meet. One relay per school per relay event. A maximum of 8 swimmers can be listed per relay event.
- Each athlete may swim 1 individual event and 3 relays, or 2 individual events and 2 relays.
- All entries for swimmers(individual or relays) must include:
 - A. Full name
 - B. Grade (#)
 - C. Event
 - D. School name
- Locker room facilities will be provided. Swimmers are responsible for their own valuables. The auxiliary gymnasium will be available for any swimmer who just needs a quiet area.
- Officials and coaches **ONLY** will be permitted in the pool office.
- Swimmers who are not competing will not be permitted on the pool deck.
- An Athletic Trainer will be available on site for assistance to swimmers as needed.
- Medals will be awarded to the first 4 places in individual and relay events.
- Spectator admission will be \$6.00 for everyone. **TICKETS MUST BE PURCHASED FROM HOMETOWN TICKETING ON THE D4 WEBSITE. NO same day sales.**
- PIAA Championship Programs and Merchandise will be sold at the event in the lobby. Merchandise will also be available to purchase on line at the D 4 website
- A concession stand will be available each evening.
- All spectators will enter through the main lobby at the front of the Commons Area

Parking

- Team buses may drop off swimmers in the bus loop in front of the commons area and then must park in A Lot.
Team vans may use spot in B Lot.
Personal vehicles may park in B Lot. Security will be available to direct traffic..

Arrival:

The natatorium will not open early. Please advise your teams not to arrive early-the pool will open at 4:00pm.

- ***ALL spectators enter at through the doors in the commons area of the building.***
- ***Swimming entry information will be sent in a follow-up email by Brad Smith.***

SCHEDULE OF EVENTS: (Wednesday) For both male and female swimmers.

- 200 Medley Relay
- BREAK
- 200 Free
- 200 IM
- 50 Free
- 100 Fly
- BREAK
- 200 free relay

SCHEDULE OF EVENTS: (Thursday) For both male and female swimmers.

- 100 Free
- 500 Free
- BREAK
- 100 Back
- 100 Breast
- BREAK
- 400 Free Relay

JANIS ARP
DISTRICT 4 SWIMMING AND DIVING CHAIRMAN
janisarp11@gmail.com
570-419-0532