Dear Coaches,

Enclosed are materials to be given to your coach for the 2019 AA District IV Swimming and Diving Championships. Swimming will be held at Williamsport Area High School on Wednesday, February 27, and Thursday, February 28, 2019. The PIAA D4 Diving Championships will be held at the Bloomsburg Middle School on Saturday, February 23, 2019 (Please note that this material may pertain to your school, even if you do not sponsor a swim team.) It is possible for individual swimmers or divers to qualify for the district meet.

Enclosed, you will find the following:

- o Information sheet-DATES---TIMES---PLACES
- o Qualifying standards (2nd time sent)
- o Instructions for entering athletes online for diving
- o Schedule and instructions for the PIAA District IV Swimming Championship Meet at Williamsport Area High School
- O Schedule and Instructions for the PIAA District IV Diving Championship Meet at Bloomsburg Middle School
- o Diving Standards
- o Instructions for entering swimmers to be in a follow-up email
- o Independent entries(swimming/diving) must bring written documentation to verify they have permission to coach

Please distribute this information immediately, and feel free to contact me if you have any questions.

Janis Arp Sincerely Chairperson District IV Swimming & Diving Cell # 570-419-0532 janisarp@comcast.net

PIAA District IV AA Swimming & Diving Championships 2018-2019

Dear Coach:

The District IV AA Diving Championships will be held on Saturday, February 23, 2019 at the Bloomsburg Middle School. The District IV Swimming Championships will be held on Wednesday evening February 27, and Thursday February 28, 2019 at Williamsport Area High School.

Facilities: Bloomsburg Middle School has two (2) one-meter diving boards for

the diving competition.

Williamsport High School has an 8 lane pool with electronic timing

(Colorado System).

Team Entries: Each team shall be permitted to enter a maximum of four (4) entries

in an individual event, and one (1) relay team in a relay event, providing the swimmers meet the qualifying restrictions. Please include a roster of all male and female swimmers in Hy-Tek. It is also important that coaches include male and female divers on your roster in Hy-Tek so their points they score are included in the final meet score. This will also enter them in the State Meet if they qualify.

Schools that do not sponsor swimming may not enter relay teams.

Qualifying Times: All competitors must meet the qualifying times by February 20, 2019

in order to compete. All qualifying times must be met in PIAA-sanctioned meets (i.e. not YMCA, US Swim, etc.). Please indicate if times were met in a 25-meter pool, and please convert times to the

25-yard standard.

**In the event of inclement weather on Wednesday or Thursday evening the tentative makeup date for swimming will be Saturday March 2 with times to be determined. The make-up for swimming will then be moved to an alternate site to be determined. If the event diving is also postponed we will announce new dates and times as soon as possible. Please let your athletes and coaches know this immediately. Should a major storm occur during the weekend that does not allow us to compete Saturday — we will advise you of alternative plans.

** You can access the District 4 web site to obtain information should there be any changes in the scheduling of the events.

The website for District 4 Swimming and Diving is: piaad4.net/swimming.htm

District IV Diving Saturday, February 23, 2019

The time schedule for the District IV Diving Championships and team warm-ups at Bloomsburg Middle School is as follows below:

All divers must be entered into the meet, <u>online</u> by Monday February 18, 2019 prior to 4:00pm. Coaches should enter their divers using web entries. The Omadatrak website for entries will open on February 9 at 8:00 am, and will close on February 18 at 4:00pm. This site will display our meet which is named 2019 District 4 Diving Championships. The meet password is d4championship. Brad Smith is working with the diving entries and his email is district4swim@gmail.com_ if you have questions concerning the entry process contact him. For the diving web entry system instructions go to http://divingentries.omadatrak.com

COMPETITION DAY

Saturday, February 23, 2019

MALE WARM-UP TIME 9:00am

FINAL MALE DIVE SHEETS REQUIRED 9:45 am

Signed at the Scorers' Table

MALE COMPETITION BEGINS 10:00 am

AWARDS FOLLOW COMPETITION

THE FOLLOWING TIMES ARE APPROXIMATE:

FEMALE WARM-UP TIME 12:30 pm approx.

FINAL FEMALE DIVE SHEETS REQUIRED 1:15 pm approx.

Signed at the Scorers' Table

1:30 pm approx.

AWARDS FOLLOW COMPETITION

FEMALE COMPETITION BEGINS

DIVING STANDARDS:

All diving programs will be completed online as previously stated with instructions. All rules from the Federation Rules Book will apply. The additional requirements are:

- 1. All dives listed on diving entry must have been performed during the season and awarded a final average score of 5.0 or higher in any given meet. The cumulative total score of each dive should be 15 prior to the DD multiplication.
- 2. Dives may be challenged. Coaches should have all of their diving score sheets (signed by referee) in their possession at officials meeting prior to the start of the Diving Championships to answer any challenges. If you cannot prove the dive was performed to an average of 5.0 or higher, the dive must be changed.
- 3. Rule 9: Section 2, Article 2 now allows the finalists in the Diving Competition to be reseeded from lowest to highest score after semi-finals are complete. We will be following this new addition to the rule in our District Meet, as it is used at the State Meet.
- 4. Each diver shall do eleven (11) dives: five (5) voluntary dives and six (6) optional dives.
- 5. The five voluntary dives shall come from each of the five groups, and shall not have a combined DD of groups greater than 9.0. Of the six optional dives, no more than one optional dive from the same group is permitted through the semi-finals. (Rule #9, Section 4, Article 1.)
- 6. Information for each diver entered must include:
 - A. Name
 - B. Grade (#)
 - C. Event
 - D. School name

Divers must have successfully completed all optional dives listed on the entry form, prior to attempting those dives in the championship meet.

<u>Instructions for Online Entry for the PIAA District IV Diving Championships have</u> been attached in this email

- When you arrive at Bloomsburg Middle School, please check with the meet scorer, at the scorer's table. The athlete and coach must sign a hard copy of the dive sheet. If a coach wishes to change the dive list on Saturday, that must be done by 9:45 am for MALE Divers and 1:15pm for FEMALE Divers
- Please Contact Janis Arp at, janisarp@comcast.net if you have any questions. Please be sure to include a coach's telephone number and email address with all entries and inquiries so that we may contact you quickly in case of weather concerns or other questions. My cell # 570-419-0532 or Brad Smith at district4swim@gmail.com
- 2 Male and 2 Female Divers will advance to the State Meet
- There is no charge for spectators for the diving meet.

<u>District IV Swimming</u> <u>Wednesday, February 27 and Thursday</u> <u>February 28, 2019</u>

- Open warm-ups begin at 3:30 p.m. for both days. Swimmers will not be permitted on deck before 3:30 p.m. and they will not be permitted into the building before 3:00 pm so please plan accordingly. All lanes will be open for warm-ups.
- o The pool will be cleared at 5:40 p.m.
- The meet begins at 6:00 p.m. on both days. DOORS WILL OPEN FOR THE PUBLIC AT 5 pm.
- Coach's scratch meeting at 4:30 p.m. All swimming coaches must attend in classroom A-126 off of the hallway upstairs. Captains meeting at 5:45 for all team captains and independent swimmers will be held on the pool deck.

GENERAL INFORMATION

- Swimming entry information will be sent in a follow-up email from Brad Smith (district4swim@gmail.com) This will contain entry file information, time frames for entries, and instructions for independent coaches.
- Boys and girls will advance a minimum of one (1) swimmer to the PIAA
 Championship Swimming Meet. Subsequent PIAA qualifiers will be announced early the week prior to the PIAA Championships.
- Up to four swimmers per school per event may be entered in the meet. One relay per school per relay event. A maximum of 8 swimmers can be listed per relay event.
- Each athlete may swim 1 individual event and 3 relays, or 2 individual events and 2 relays.
- All entries for swimmers(individual or relays) must include:
 - A. Full name
 - B. Grade (#)
 - C. Event
 - D. School name
- Locker room facilities will be provided. Swimmers are responsible for their own valuables. The auxiliary gymnasium will be available for any swimmer who just needs a quiet area.
- o Officials and coaches ONLY will be permitted in the pool office.
- Swimmers who are not competing will not be permitted on the pool deck.
- An Athletic Trainer will be available on site for assistance to swimmers as needed.
- Medals will be awarded to the swimmers who place first through sixth in each individual event, and the same for relays.
- Spectator admission will be \$4.00 for students and \$6.00 for adults.
- PIAA Championship Programs and Merchandise will be sold at the event in the lobby.
- A concession stand will be available each evening.
- o All spectators will enter through the main lobby at the front of the Commons Area

Parking

- O Team buses may drop off swimmers in the bus loop in front of the commons area and then must park in A Lot.
 - Team vans may use spot in B Lot.

Personal vehicles may park in B Lot. Security will be available to direct traffic..

Arrival:

The natatorium will not open early. Please advise your teams not to arrive 2 or 3 hours in advance – you will not be permitted to enter the building until 3:00 pm!

- ALL spectators enter at the ticket booth in the commons area of the building.
- O Swimming entry information will be sent in a followup email by Brad Smith.

SCHEDULE OF EVENTS: (Wednesday) For both male and female swimmers.

- 200 Medley Relay
- BREAK
- 200 Free
- 200 IM
- 50 Free
- 100 Fly
- BREAK
- 200 free relay

SCHEDULE OF EVENTS: (Thursday) For both male and female swimmers.

- 100 Free
- 500 Free
- BREAK
- 100 Back
- 100 Breast
- BREAK
- 400 Free Relay

JANIS ARP

DISTRICT 4 SWIMMING AND DIVING CHAIRMAN (janisarp@comcast.net)