

2013 All-CSFL Honors Announced

The Collegiate Sprint Football League has announced its all-Conference teams for the 2013 season.

CSFL champion Army and Penn had the most players on the list of first-team performers with a total of seven. Three of Army's first-teamers were part of a defense which led the league with an average of just 186 yards allowed per game. Penn had four first-teamers from its top-ranked CSFL offense.

Franklin Pierce and Navy had a total of four first-team selections. Post placed three players on the first team list, while Cornell and Mansfield had two and Princeton had one. Army and Navy led the way on the list of second-team selections with ten, while nine members of the Big Red of Cornell were also second-teamers. Franklin Pierce and Post had eight second-team selections.

Army's Dylan Dotty captured the league MVP award. The senior defensive lineman from Herndon, Virginia led the Black Knights to a CSFL title. Dotty finished with a team-high 44 tackles. Dotty's tackles featured 29 solo stops. He also has 18 tackles for losses and 13 sacks.

CSFL League MVP: Dylan B. Dotty, DL, Army

	First Team	Second Team
OFFENSE		
QB	JJ Wartski, Army	Brendon Miller, Cornell Ryan O'Kelly, FP Mike McCurdy, Penn Greg Volpe, Post Chad Cowden, Princeton
WR	Tucker Van Dyke, Army Spenser Grunenfelder, Cornell Mike Bass, Penn Chris McCord, Princeton	Lane Holmes, Army Mike Holdridge, FP Kurt Logan, Mansfield Michael Buck, Navy Fred Ordonez, Penn Jay'Len Mahan, Post Dan Awwad, Post
TE	Joe Bucek, Mansfield Brendan Dale, Penn	Zachary W. Woods, Army Jahlil Dean, FP Daniel Meaney, Navy John Wolfe, Princeton
RB	DJ MacDonald, FP Mike Beamish, Penn James Harrington, Post	Marqus L. Burrell, Army Ben Herrera, Cornell Tryce Williams, FP Eric Wellmon, Navy Corey Garcia, Navy

OL	Richard Price, Army Josh Tilton, FP Blaine Wainwright, Mansfield Ryan Keyes, Navy Donnie Kneisel, Penn Chris Masayda, Post	Kenneth D. McClain, Army Greg Zalevsky, Cornell Bennett Winters, Cornell Zach Breton, FP George Petta, FP Josh Stone, Mansfield Michael Granthom, Navy Jordan Colbert, Penn Dylan Celone, Post
DEFENSE		
DB	Kalaukoa LaBonta, Army Chris Sitko, Cornell Mike Abrams, FP Brendan West, Navy Stu Helgeson, Penn	Jack Egan, Army John Randall Barnett, Army Ryan Litchman, Cornell Derek Reddy, FP Spencer Underdown, Mansfield Alec McGlaughlin, Navy
LB	James Willette, FP Jake Myers, Mansfield Matt Piotrowicz, Navy	Patrick F. Franco, Army Jake A. Steckler, Army John Kelder, Cornell Temple Sloan, Navy Rob Atkinson, Navy Rob Diorio, Penn Matt Pellegrino, Penn Shaquille Williams, Post Christopher Leggio, Post Bob Dougherty, Princeton
DL	Dylan B. Dotty, Army Thomas A. White, Army Chris Mershon, Navy Ed Cai, Penn Anthony Jamele, Post	James 'Buddy' Craft, Army Kyle Higgins, Cornell Eric Stazi, Cornell Nick Trocholakis, FP Anthony Mazzone, Mansfield Jonathan Keller, Mansfield Jack Moyle, Navy Ben Pope, Navy Chris Lopez, Post
SPECIAL TEAMS		
Kicker	Warren D. Kay, Army	John Rodriguez, Cornell Kirk Haskill, Mansfield
Punter	Mike Beamish, Penn	Mark J. Dabeck, Army Jarrick Sharp, Post

All-League Honorable Mentions

Army: Andrew Paffett DB, Barret Crawford OL, Boyd Williams DE, Conor M. O'Brien DB, Darius Javan OL, David Brown LB, Jesse J. Shackelford RB, Joseph Meier DL, Kevin L. O'Brien WR, Matthew S. Tamburri - Short Snapper, Mitchel D. Wear QB, Nathan R. Degen - Return Specialist, Nicholas Brickous WR/RB, Peter Neise V OL, Ryan Gallagher LB, Zachary Campi OL

Cornell: Chris D'Ambrosio LB, Jared Meichner DB, Jino Park LB, Nick Perez RB

Franklin Pierce: Connor Rogowsky DB, Shawn Wright DL

Mansfield: Evan Ruggles DL, Sean Green P

Navy: Adrian Montecinos P/K, Alec Jarm DB, Brady Flies DB, Brett Deters P, Brian Mihaljevich OL, Collin Ascherl LB, Dan Gilmore DB, Dan Shackleton TE, Jarrett Brant DL, Joe Hampton QB, Matt Hite WR, Rex Willis DB, Tracy Daniels WR, Zachary Blanchard DL, Zachary Coleman OL

Penn: Andrew Donald WR, Carl Wittig DL, Chris Nagle OL, Derek Shnyder LB, Jack Epstein WR, Joe Raso RB, Keith Braccia DB, Matt Paige OL, Nick Rush DB, Pat Boyle DL, Wesley Zhao DB

Post: Brendan McWeeney DB, David Boyle DB, David Coggins WR, Jashua Guadalupe DL, Matthew Murphy LB, Rashaun Reid TE

Princeton: Kahdem Cohens WR/LB, Kyle Douglas OL/LB, Richard Freling DB

Week 8 in Review

There was only one CSFL game played in the first weekend of November. Navy came away with a 34-14 victory over Penn in Annapolis. The Midshipmen rebounded from their loss to Army the previous week with an impressive all-around performance. The Midshipmen scored the first 34 points of the game and never looked back. Navy's powerful rushing attack was led by Eric Wellmon. The sophomore rushed for 191 yards and two touchdowns in the victory. Navy outrushed Penn, 271-51, and finished with 451 total yards. Andrew Donald and Brendan Dale caught touchdown passes for Penn in the loss. The Midshipmen finish the season at 6-1 and in second place in the CSFL. The Quakers fall to 3-4.

Week 7 in Review

Army captured its second straight CSFL title with a 17-7 victory over Navy. The Black Knights jumped out to a 17-0 lead after one half before the Midshipmen scored their only touchdown in the third quarter. Army outgained Navy, 372-66 and held the Midshipmen to four first downs. Army finishes 7-0 for the second straight season, while Navy falls to 5-1.

Franklin Pierce moved into sole possession of third place with a 42-14 victory over Post. The Ravens fell behind, 7-0, but scored 42 of the next 49 points. The Eagles lost despite racking up 477 yards of offense, but turned the ball over six times. Franklin Pierce finishes the season at 5-2, while Post falls to 4-3.

Cornell outlasted Mansfield in a back and forth affair as the Big Red came away with a 26-24 victory. The Mounties took the lead with 3:40 remaining, but the Big Red scored with nine seconds remaining on a nine-yard touchdown catch by Michael Crawford. Cornell closes out the year at 2-5, while Mansfield finishes at 1-6.

Penn won 72-29 against Princeton. The Quakers put the game away early with 51 points in the first half. Penn racked up 576 total yards and did not punt the entire game. Princeton's Chad Cowden threw for 228 yards and two touchdowns. The Quakers go to 3-3, while the Tigers finish the season at 0-7.

Offensive Player of the Week—James Wartski, Army

The junior quarterback helped lead Army past Navy as the Black Knights captured the CSFL title. Wartski threw for 240 yards and tossed a touchdown pass in the opening quarter for the first score of the game. Wartski also rushed for 78 yards in the victory.

Defensive Player of the Week—Dylan Doty, Army

The senior defensive lineman came up big in the biggest game of the season as he led Army past Navy. Doty put together a dominating performance in the victory for the Black Knights. He finished with six tackles and added three sacks. Five of his tackles were solo stops.

Special Teams Player of the Week—Derek Reddy, Franklin Pierce

The junior takes special teams honors for the second week in a row. Reddy helped keep Post pinned in its own end all afternoon. He punted five times for an average of 45.4 yards. One of Reddy's punts went for 69 yards, which was the longest punt of the year in the CSFL. Reddy also placed one of his punts inside the 20-yard line.

Week 6 in Review

Army won its 13th consecutive game by rolling past Princeton, 57-0. The Black Knights put the game away early by outscoring the Tigers, 20-0, in the opening quarter. The Army defense forced four turnovers and held Princeton to minus-55 yards rushing. The loss dropped Princeton to 0-6 on the season.

Navy set up an unbeaten showdown with Army this weekend by picking up a 28-7 victory over Cornell. The Midshipmen scored a touchdown in every quarter of the game. Navy outgained Cornell, 428-226, and the Big Red lost despite committing only two penalties. Cornell is now 1-5 overall.

Franklin Pierce fell behind in overtime before rallying to beat Mansfield, 27-24. A 20-yard field goal by Kirk Haskill put the Mounties ahead, but the Ravens won the game on a 37-yard touchdown catch by Mike Holdridge. Franklin Pierce is now 4-2, while Mansfield falls to 1-5 with the loss.

Post went to 4-2 on the season with a 43-12 victory over Penn. The Eagles stormed out to a 28-6 lead at halftime to put the game away early. The Post offense racked up 578 total yards in the victory. Penn fell to 2-3 on the season with two games remaining.

Offensive Players of the Week—Greg Volpe, Post

The sophomore quarterback put together a dominating offensive performance in Post's victory over Penn. Volpe threw for 378 yards and three touchdowns and did not throw an interception. His longest touchdown pass went for 45 yards. Volpe also picked up a rushing touchdown.

Defensive Player of the Week—Chris Mershon, Navy

The junior defensive lineman was a one-man wrecking crew in Navy's victory over Cornell. Mershon finished with seven tackles and collected 3.5 sacks. His sacks totaled 26 yards in losses. Mershon's performance helped keep Navy atop the CSFL team defensive rankings.

Special Teams Player of the Week—Derek Reddy, Franklin Pierce

The junior played a key role in the Ravens' victory over Mansfield. Reddy punted five times and while his average was 35-yards, he continually pinned the Mounties in their own territory. One of Reddy's punts went for 49-yards, while another was downed inside the Mansfield 20-yard line.

Week 5 in Review

Navy picked up a critical CSFL victory as the Midshipmen downed Post, 42-27. Navy led by seven after three quarters, and outscored the Eagles, 21-13, in the final period. The Navy defense held Post to 84 yards rushing. The victory kept the Midshipmen unbeaten at 4-0, while Post fell to 3-2.

Army remained unbeaten with an impressive 51-6 victory over Mansfield. The Black Knights offense was unstoppable as Army finished with 539 total yards. The Army defense also did its part by holding the Mountaineers to four rushing yards. The Black Knights are now 5-0 and have won 12 straight games dating back to last season.

Franklin Pierce evened its record to 2-2 with a 33-27 overtime win at Penn. The Ravens were trailing by eight with 5:35 left in regulation but tied the game with a touchdown and two-point conversion. D.J. MacDonald provided the winning score in overtime with an 11-yard touchdown run. The Ravens are now 3-2, while Penn falls to 2-2.

Cornell picked up its first victory of the season as the Big Red rolled past Princeton, 50-19. Cornell put the game away early by outscoring the Tigers, 21-0, in the opening period. The Big Red held Princeton to ten yards rushing in the game. The Tigers are now 0-5.

Offensive Player of the Week—Ryan O'Kelly, Franklin Pierce

The freshman quarterback did damage both in the air and on the ground in the Ravens' overtime victory at Penn. O'Kelly accumulated 340 yards of total offense and accounted for three touchdowns. O'Kelly passed for 242 yards and a score, and rushed for 98 yards and two touchdowns.

Defensive Player of the Week—John Moyle, Navy

The junior defensive lineman came up big in Navy's win over Post. Moyle made six stops with three of his tackles going for losses. Moyle also recorded two sacks in the victory. He accumulated 25 yards of stops for losses in his performance.

Special Teams Player of the Week—Mike Abrams, Franklin Pierce

The sophomore made a major impact in Franklin Pierce's overtime victory. Abrams blocked a punt against the Quakers and also did his part in the return game. Abrams returned two kicks for a total of 60 yards. One of his returns went for 41 yards in the opening quarter.

Week 4 in Review

Army went to 4-0 on the season as the Black Knights downed Cornell, 22-0. The Big Red hung tough against Army, trailing by just 5-0 after three quarters, before the Black Knights put the game away. Army held Cornell to 102 total yards, and minus-4 yards on the ground. The Cornell defense forced three fumbles in the loss.

Post held off a comeback attempt by Mansfield and came away with a 37-33 victory. The Mountaineers scored 19 consecutive points in the second half before the Eagles put the game away. After falling behind, 7-0, Post scored 35 unanswered points. Post went to 3-1 on the season, while Mansfield fell to 1-3.

Franklin Pierce went to 2-2 on the season with a 66-12 victory at Princeton. The Ravens put the game away early by outscoring the Tigers, 33-0, in the first quarter. The ground game was the difference as Franklin Pierce outrushed Princeton, 344-minus-36. The Ravens' defense intercepted four Tiger passes.

The game between Navy and Penn was postponed. It will be made up on November 1st.

Offensive Player of the Week—D.J. MacDonald, Franklin Pierce

The sophomore running back led the way for the Ravens in their rout over Princeton. MacDonald rushed

ten times for 130 yards and five touchdowns. MacDonald also caught a 44-yard pass for a score. His first touchdown run came from 57 yards out and opened the scoring for the Ravens.

Defensive Player of the Week—Dylan Doty, Army

The senior defensive lineman put together a dominating performance in Army's victory over Cornell. Doty racked up 11 tackles, with six of them being solo stops. Doty also recorded three sacks for a total of minus-25 yards. He helped lead the Army defense to its first shutout of the season.

Special Teams Player of the Week—Mark Dabeck, Army

The sophomore punter helped tilt field position in favor of Army against Cornell. Dabeck punted seven times for a total of 239 yards. Four of Dabeck's punts landed inside the 20-yard line. His longest punt went for 47 yards.

Week 3 in Review

Army remained atop the CSFL standings with a 41-12 win over Franklin Pierce. The Black Knights broke the game open in the third quarter by outscoring the Ravens, 21-0. Army racked up 453 yards of offense, while the Black Knights defense recorded three interceptions. Army has now won ten games in a row dating back to last season.

Navy stayed tied with Army for first place by rolling past Mansfield, 41-0. The Midshipmen outgained the Mountaineers, 372-46. Navy also dominated the ground game by outrushing Mansfield, 310-3. The Mountaineers are now 1-2 on the season and have lost two in a row.

Penn won an Ivy League clash against Cornell, as the Quakers came away with a 28-14 victory. Penn put the game early by jumping out to a 28-0 lead. The Quakers rolled up 516 total yards, with 311 coming on the ground. The loss dropped the Big Red to 0-3 on the season.

Post went to 2-1 on the season with a 54-14 rout over Princeton. The Eagles put the game away early with 41 first half points. Post outgained Princeton on the ground, 240-17. The Tigers remain winless on the season, as their record fell to 0-3.

Offensive Player of the Week—David Williams, Navy

The senior running back returned from an injury and put together a dominating performance. Williams rushed for 143 yards and two touchdowns as he led a powerful ground game. Williams now has 1,502 career rushing yards. He now sits 167 yards shy of breaking Chris Butler's all-time Navy rushing mark of 1,811 set in 1982.

Defensive Player of the Week—Matt Piotrowicz, Navy

The senior linebacker was all over the field as he helped the Midshipmen roll past Mansfield. Piotrowicz led the team with ten tackles. Piotrowicz also recorded a sack, while 2.5 of his tackles went for losses. He helped the Midshipmen hold the Mountaineers to three rushing yards.

Special Teams Player of the Week—Michael Romingo, Post

The freshman linebacker had one of the key plays in the Eagles victory over Princeton. Romingo blocked a punt and recovered the block in the end zone for a touchdown. The play came in the first quarter and increased the Eagles' lead over the Tigers to 14-0. Post led by double digits the rest of the way.

Week 2 in Review

Army went to 2-0 on the season with an impressive 38-6 victory over Post. The Black Knights put the game away in the second half by outscoring the Eagles, 21-0. The Army defense forced five Post turnovers. The defeat ended Post's six-game winning streak, which dated back to last season.

Penn picked up a 42-14 win over Mansfield. The Quakers put the game away in the second half with a 35-0 run. Penn racked up 294 passing yards and held Mansfield to 87 yards in the air. Two Penn quarterbacks combined for five touchdown passes in the victory.

Franklin Pierce captured the Allegiance Bowl with a 13-6 victory over Cornell. The Ravens led by one in the fourth quarter when D.J. MacDonald hauled in a 19-yard touchdown pass with 3:06 remaining to put the game away. The Franklin Pierce defense held Cornell to 67 yards rushing. The ball-hawking Ravens defense intercepted four passes.

Navy was awarded a forfeit victory over Princeton.

Offensive Player of the Week—D.J. MacDonald, Franklin Pierce

The sophomore running back made the difference in Franklin Pierce's win over Cornell. MacDonald caught the game winning touchdown pass with 3:06 remaining to give the Ravens the victory. MacDonald also rushed for 122 yards. His game-winning touchdown grab came from 19-yards out.

Defensive Player of the Week—Stu Helgeson, Penn

The sophomore defensive back was all over the field in Penn's victory over Mansfield. Helgeson recorded a game-high 18 tackles, ten of which were solo stops. Helgeson also forced a fumble, recovered a fumble, and intercepted a pass. He also totaled 3.5 yards in tackles for losses.

Special Teams Player of the Week—Mark Dabeck, Army

The sophomore punter did his part in the Black Knights' victory over Post. Dabeck punted five times for a total of 246 yards, averaging 49.2 yards per punt. His longest punt went for 55 yards and had one punt land inside the 20-yard line.

Week 1 in Review

Defending champion Army got off to a fast start by beating Penn, 35-12. After falling behind, 6-0, the Black Knights rattled off 21 unanswered points. Army racked up 452 total yards in the victory. Penn's Jack Epstein caught a 66-yard touchdown pass in the loss for the Quakers.

Navy also picked up a victory, as the Midshipmen got past Franklin Pierce, 23-9. Leading by four at the half, the Midshipmen broke the game open in the third quarter by outscoring the Ravens, 16-0. The powerful Navy defense held Franklin Pierce to 118 total yards and 24 yards rushing. The Midshipmen also forced five turnovers.

Post was also victorious in week one, as the Eagles defeated Cornell, 21-10. The Post defense held the Big Red to just one rushing yard. With Cornell leading, 10-7, the Eagles scored 14 unanswered points to put the game away. It was the sixth win in a row for the program dating back to last season.

Mansfield came away with a 24-14 home victory over Princeton in the program's first night game in 121 years. The Mountaineers put the game away early by scoring 24 of the game's first 30 points. Mansfield took control of the game on the ground, out-rushing the Tigers, 231-22. Chad Cowden threw for 239 yards and two touchdowns in the loss for Princeton.

Offensive Player of the Week—James Harrington, Post

The freshman made a spectacular season debut in Post's victory over Cornell. Harrington rushed for 156 yards and two touchdowns as he helped the Eagles rally from an early deficit. Harrington's touchdown runs were from 60 and 45 yards out. Harrington's 18-yard run in the second quarter gave the Eagles their only first down of the opening half.

Defensive Player of the Week—Chris Mershon, Navy

The junior defensive lineman put together a dominating performance in Navy's win over Franklin Pierce. Mershon led the Midshipmen defense with 12 tackles as he dominated the line of scrimmage. Mershon accumulated 3.5 tackles for a total loss of minus-ten yards and deflected a pass which was intercepted. Mershon also forced a fumble.

Special Teams Player of the Week—Jay'Len Mahan, Post

The sophomore got the Eagles' season off to a flying start in their win over Cornell. Mahan returned the opening kickoff 91 yards for a touchdown. Mahan also had a return in the game from 56 yards out. He finished with 147 total return yards in the victory.

Season Preview

It's a brave new world for the CSFL.

After another exciting season in 2012, the 2013 campaign will feature eight teams with the full-time addition of Franklin Pierce. That means a full slate of games each weekend without bye weeks for anyone. Here is a look at the upcoming season, with teams listed in order of finish from a year ago.

Army took the title away from Navy in 2012 with a win over the Midshipmen on the final day of the season. The Black Knights are well-equipped for a repeat with 32 letterwinners returning. There will be a new face at quarterback with junior James Wartski taking over. Nine starters return on defense, led by senior linebacker Jake Steckler. Seniors John Egan and Phillip Franco also return.

Navy will look to win back the title after a heartbreaking finish a year ago. On offense, the Midshipmen will get a big boost from the return of David Williams. The Midshipmen's all-time leading rusher is back after suffering a knee injury last year. William Hampton and Lewis Correale will both see time at quarterback and will have an experienced group of receivers to throw to. On defense, Navy returns an experienced group after allowing a league-best 193 yards per game last season. Captains Brendan West and Alec McGlaughlin will anchor the secondary.

Post made quite an impression last season. The Eagles won their last five games to finish third in the CSFL. A total of 13 All-CSFL performers are back for Post. Leading the way on offense will be Tight End Rashaun Reid, who has 766 career receiving yards. Senior Linebacker Kyle Lagasse leads the defense and will look to add his career total of 120 tackles.

Cornell finished 4-3 in 2012 and will look to close the gap with the likes of Army and Navy. Two of Cornell's losses were by eight points or less last year, so the veterans have proven they can stay close with the top teams in the CSFL. The Big Red will be counting on several returning players such as Kyle Higgins, Brendan Miller, Michael Monahan, Christ Sitko and Bennett Winters.

Penn suffered several close losses in 2012, but the Quakers appear ready to improve on their 3-4 record. Penn will have 14 letterwinners back, including Running Back Mike Beamish. Keith Braccia is back at quarterback after starting every game last season. On defense, the top five tacklers are back, led by Jack Miller and Mack Pierson.

Mansfield is hoping to climb into contention after rebuilding a year ago. The Mountaineers will have Quarterback Ben Pepper back under center for his sophomore season. Pepper will be counting on help from Running Back Jeremy Estermera, who tallied 818 all-purpose yards a year ago. Senior Linebacker Jake Meyer will anchor a defense which was hit hard by graduation.

Princeton continues to make progress despite getting shutout of the win column last season. The Tigers were within a possession in four contests and the improvement should continue this season. Princeton will

lean on Linebacker Lawrence Diao to lead the way on defense. Captain Bob Dougherty is also back at tight end.

Franklin Pierce was impressive in its trial run last season. The Ravens went 1-4, and three of their losses by eight points or less. This year, Franklin Pierce becomes a full member of the CSFL. The Ravens will have 14 starters back on the field this season, including Running Back D.J. McDonald and Wide Receiver Jhalil Dean. Sophomore Linebacker James Willette anchors the defense.