

## 2011 All-CSFL Honors Announced

The Collegiate Sprint Football League has announced its all-conference teams for the 2011 season.

CSFL champion Navy had the most players on the list of first-team performers with a total of seven. Three of the Navy first-teamers were from the offense while two other players came from the defensive side. The list also included a punter (Michael DeLong) and an all-purpose performer (Marty Meehan). Army, Cornell and Penn had a total of six first-teamers, while Mansfield had four. Post and Princeton each had one first-team selection. Navy led the way on the list of second-team selections with nine, while Post had seven.

Navy's David Williams captured the league MVP award. The sophomore running back blazed the trail for Navy's championship by rushing for a league-leading 1,152 yards. Williams also rushed for eight touchdowns and averaged seven yards per carry as he led the way for Navy en route to a CSFL title.

CSFL League MVP: David Williams, RB, Navy

	First Team	Second Team
OFFENSE		
QB	Todd Busler, Penn	Brendan Miller, Cornell Javier Sustaita, Army Dwayne Carter, Post
WR	Abram Mellinger, Cornell Cody Nyp, Army Tom Jeffers, Army	Jesse Holian, Navy Spenser Gruenfelder, Cornell Ben Johnson, Army Kamil Okroj, Penn Whit Shaw, Penn Dan Awwad, Post
TE	Rashaun Reid, Post	Mathew Wetherell, Penn
RB	David Williams, Navy Doug Famularo, Cornell Marquis Morris, Army Michael Beamish, Penn	Dewayne Hooper, Navy Josh Harrison, Mansfield Kevin Infante, Princeton
OL	Nicholas Dominguez, Navy Matt Williams, Navy George Gomez, Cornell Jared Sturgell, Army Jordan Clark, Mansfield	Andrew Owens, Navy Pete Duff, Army Blaine Wainwright, Mansfield Shane Curry, Penn Ben Foulon, Princeton
DEFENSE		
DB	JP Cooper, Army Troy Taylor, Mansfield Alexander Starr, Penn Ned Moffat, Princeton	Brendan West, Navy Vincent DeBenedetti, Navy Samuel Gedeon, Navy Michael Wang, Mansfield Justin Velazquez, Post
LB	Matt Piotrowicz, Navy	Terrance Leonard, Navy

	Tim Dooley, Cornell Matthew Cuccinello, Penn	William Parker, Navy Michael Meier, Army Jake Myers, Mansfield Kyle Lagasse, Post Chris Lopez, Post Atray Dixit, Princeton
DL	Julian Jerzerick, Navy Colin Lounsberry, Cornell Noah Currie, Army Paul Houseknecht, Mansfield Cody Croasdale, Mansfield Anthony Dibella, Penn	Christopher Mershon, Navy William Edmonds, Cornell Glen Jenkins, Mansfield Matt Santos, Post Charles May, Post Kevin Zigadlo, Princeton Zach Sobel, Princeton
All-Purpose	Marty Meehan, Navy	
SPECIAL TEAMS		
Kicker	John Rodriguez, Cornell	Adrian Montecinos, Navy Michael Bass, Penn
Punter	Michael Delong, Navy	Michael Beamish, Penn
Special Teams	Whit Shaw, Penn	Patrick Franco, Army

#### All-League Honorable Mentions

**Army:** Wes Boose, John Herina, Eric Houston, Tim Meier, Robert Reckner, Jacob Risinger, Kevin Scruggs

**Cornell:** Jim Barger, Tim Bruhn, John Kelder, Michael Porta, Matthew Rosenthal

**Mansfield:** Brandon Couse, Justin DiMatteo, Sean Green, Cedric Ingram, Jr., Matt Maciejewski, Pat Mackewicz, Eli Morgan, Josh Schrum, Josh Stone, Kevin Valentine

**Navy:** Ronald Allen, Erik Erlandson, Dylan Etzel, Sean Fergerson, Will Harris, Marty Meehan, Stephen Meidus, Drew Presnell, Mark Reaser, Zzmarr Stone

**Penn:** Justin Bass, Brandon Batzel, Jordan Colbert, Andrew Donald, Antony Krumbhaar, Rolando Lyles, Sean McGreevy, Jack Miller, Freddy Ordonez, Chris Twombly

**Post:** Rashawn Hendricks

#### Week 8 in Review

Navy won the battle for first place and completed a perfect season by beating Army, 28-6. The Navy defense limited the powerful Army offense to 292 yards, while the Midshipmen racked up 322 yards on the ground. Navy also won the time of possession battle by holding the ball 14 minutes longer than Army. The Midshipmen claim the CSFL title with a 7-0 record.

Cornell snapped a three-game losing streak with a 21-14 victory over Mansfield. The Mountaineers reached the Cornell 16-yard line in the closing seconds, but a sack by Charles Clausner on the final play of the game sealed the victory for the Big Red. Jon Keller scored on a 72-yard runback for Mansfield after a blocked field goal attempt. The Mountaineers are now 0-8 all-time against the Big Red.

Penn closed out its season with a 38-6 victory over Princeton. The Quakers put the game away in the second quarter by racking up 24 points. Whit Shaw caught five passes for 93 yards and one touchdown for the Quakers. Penn finishes at 5-2 overall and in third place in the CSFL, while the Tigers dropped to 0-7.

**Offensive Player of the Week—David Williams, Navy**

The sophomore running back ripped through the Army defense in the Midshipmen's title clinching victory. Williams ran for a team-record 291 yards on 39 carries as he rushed for more yards against Army this season than any team in any game. Williams finished his season with 1,152 yards, the most in a single season for a Midshipman rusher.

**Defensive Player of the Week—Chris Fieschko, Cornell**

The junior defensive back was all over the field in Cornell's victory over Mansfield. Fieschko recorded two interceptions and returned them for a combined 57 yards. Fieschko also had six tackles, and five of his tackles were unassisted. He led a Cornell defense which shut down the Mansfield offense throughout much of the game.

**Special Teams Player of the Week—Jake Myers, Mansfield**

The sophomore linebacker made a huge play and nearly sparked a comeback victory for Mansfield against Cornell. Myers scooped up a blocked field goal attempt and returned the ball 72 yards for a touchdown. The return prevented the Big Red from icing the game and pulled the Mountaineers to within seven points.

### **Week 7 in Review**

Army's offensive machine continued to roll in a 58-44 victory over Penn. The Black Knights racked up 634 total yards of offense, while the Quakers put together a 520-yard offensive performance. Army took control of the game with 24 second quarter points. Todd Busler threw for 390 yards and five touchdowns in the loss for Penn.

Navy kept pace with Army by outlasting Cornell, 42-21. The game was tied at halftime, but the Midshipmen outscored the Big Red, 28-7, in the second half. The Navy defense held Cornell to 157 yards of offense. David Williams rushed for 183 yards and two touchdowns for the Midshipmen.

Mansfield came up with an impressive 34-0 victory over Post. The Eagles were held to just 43 yards of offense and were minus-29 on the ground. Mansfield's Josh Harrison rushed for 124 yards and three touchdowns. It was the season finale for the Eagles, who finish the season with a record of 2-4.

**Offensive Player of the Week—Javier Sustaita, Army**

The Army quarterback continues to put up eye-popping numbers each week. Sustaita went 29-of-43 for 411 yards and seven touchdown passes in the Black Knights' victory over Penn. Sustaita also rushed for 57 yards and a touchdown. His longest touchdown passes went for 52 yards.

**Defensive Player of the Week—Cody Croasdale, Mansfield**

The senior defensive tackle was a one-man wrecking crew in the Mountaineers' victory over Post. Croasdale collected 4.5 sacks for a total loss of 25 yards. Croasdale recorded 10 tackles, with seven going for losses. He helped hold the Eagles to minus-29 yards rushing.

**Special Teams Player of the Week—Whit Shaw, Penn**

The junior wins the award for the second straight week. Shaw returned five kicks for 126 yards in Penn's game against Army. His longest kickoff return went for 32 yards. Shaw averaged 25.2 yards per return. Shaw also returned two punts for a total of 29 yards.

### **Week 6 in Review**

Army rallied from an early deficit to defeat Post, 57-43. The Eagles scored 19 points in the first quarter, but the Black Knights scored 28 unanswered points to seize control of the game. The two teams combined for 987 yards of total offense, with 763 coming through the air. The victory keeps Army unbeaten in league play.

Penn pulled out a 35-28 victory over Cornell. After the Quakers took a 24-7 lead, the Big Red stormed back to pull to within one. However, the Quakers scored the first two touchdowns of the final period to put the game away. Todd Busler threw for 398 yards and two touchdowns in the victory.

Princeton was forced to forfeit its game with Navy due to an insufficient number of healthy players.

**Co-Offensive Players of the Week—Javier Sustaita, Army and Dwayne Carter, Post**

Both quarterbacks were spectacular in a game where two teams combined for 100 points. Sustaita went 25-39-353 with four touchdown passes in Army's victory. He also ran for four scores. Carter went 33-60-389 yards and threw three touchdown passes while running for two more.

**Defensive Player of the Week—J.P. Cooper, Army**

The senior defensive back was the top defensive player during Army's win over Post. Cooper collected nine tackles and intercepted two passes. Cooper also forced a fumble in the victory. His interceptions were returned for a combined 37 yards.

**Special Teams Player of the Week—Whit Shaw, Penn**

The junior had one of the biggest plays of the game in Penn's win over Cornell. Shaw took a kickoff back 85 yards for a touchdown to give the Quakers a 17-point lead at the start of the third quarter. Shaw finished with 138 yards on three kickoff returns and also took back a pair of punt returns for 14 yards.

## **Week 5 in Review**

Penn raised its overall record to 3-1 with a 39-14 victory over Mansfield. The Quakers put the game away early by jumping out to an early 19-0 lead. Penn put together a balanced offensive attack and finished with 502 total yards. The Quakers' defense also came up big by recording four interceptions.

Army picked up an impressive 41-16 victory at Cornell. The Big Red took a 10-0 lead in the first quarter, but the Black Knights stormed back with 21 straight points to take control of the game. The Army defense held Cornell to 13 rushing yards. Army is now 3-1 overall, and 3-0 in CSFL play.

Post rolled to its second victory of the season by routing Princeton, 48-0. The Eagles' defense dominated the contest by holding the Tigers to minus-67 yards of offense. Post controlled the time of possession as the Eagles had the ball for 38:50. The game was stopped with 7:34 left in the fourth quarter due to heavy rain.

**Offensive Player of the Week—Todd Busler, Penn**

Busler was sharp throughout the evening as he led the Quakers to a victory over Mansfield. The senior completed 18-of-22 passes for 269 yards and two touchdowns. Busler also ran for three touchdowns and gained 30 yards on the ground.

**Defensive Player of the Week—Alexander Starr, Penn**

The junior linebacker was the difference maker on defense in Penn's win over Post. Starr intercepted three passes to tip the field advantage towards the Quakers. The first of Starr's interceptions came on Mansfield's opening drive. Starr also recorded five tackles.

**Special Teams Player of the Week—Ben Johnson, Army**

The senior made the big play for Army early in the game in its victory over Cornell. With the Black

Knights trailing, 10-0, Johnson took a kickoff back 68 yards to the Cornell 13-yard line. The return changed the momentum of the game and set up Army's first touchdown.

#### **Week 4 in Review**

Penn outlasted Post, 48-35, in a wild game at Franklin Field. The Quakers seemed to be in cruise control after jumping out to a 35-0 lead, but the Eagles scored five second half touchdowns. The Penn defense forced six turnovers in the victory as the Quakers won their first league game of the season.

Navy needed a furious second-half rally to stay unbeaten, as the Midshipmen defeated Mansfield, 30-19. The Mountaineers led, 19-7, in the third quarter before Navy scored the final 23 points of the game. David Williams rushed for 147 yards in the victory. Navy is now 4-0.

Army kept Princeton winless as the Black Knights rolled past the Tigers, 57-13. The Black Knights put the game away early by racing to a 36-7 halftime lead. Army quarterback Javier Sustaita threw six touchdown passes in the victory and led his team to scores in their first five drives of the game.

#### **Offensive Player of the Week—Cody Nyp, Army**

The junior wide receiver wins the award for the second week in a row. Nyp Caught seven passes for 207 yards, with five resulting in touchdown receptions. His shortest touchdown catch came from 23 yards out and his longest scoring grab was a 50-yard reception.

#### **Defensive Player of the Week—Matt Cuccinello, Penn**

The senior linebacker put together a dominating performance in Penn's victory over Post. Cuccinello recorded 12 tackles with two going for losses. Cuccinello also recorded a sack and a forced fumble. He added a fumble recovery as he led the Quakers to their second win of the season.

#### **Special Teams Player of the Week—Mike Beamish, Penn**

The freshman punter came up with an impressive performance against Post. Beamish punted three times with an average of 42 yards per punt. His longest punt came from 51 yards out, while Beamish's other two punts pinned the Eagles inside the 20-yard line.

#### **Week 3 in Review**

Navy continues to roll in the early part of the season as the Midshipmen picked up a 37-0 win over Post. Navy put the game away early with 30 first-half points. The Midshipmen outgained the Eagles, 447-79. Navy won the game despite committing five turnovers. The Midshipmen are now 3-0 on the season.

Army put on a dazzling offensive display in a 56-7 victory over Mansfield. The Black Knights racked up 604 yards of total offense while limiting the Mountaineers to 186 total yards. Army broke the game open with seven touchdown in the second and third quarters combined. Army goes to 1-1 overall with the victory.

Cornell kept Princeton winless on the season with a 49-7 win over the Tigers. The Big Red scored three touchdowns in the opening period as they pulled away early. Cornell went 4-for-4 in the red zone and also picked off four Princeton passes. The Big Red are now 2-1 on the season.

#### **Offensive Player of the Week—Cody Nyp, Army**

The junior wide receiver led the Army attack in its win over Mansfield. Nyp caught nine passes for a 130 yards. Nyp also caught three touchdown passes. Nyp's longest TD catch came from 29 yards out. He also had a 34-yard catch.

Defensive Player of the Week—Chris Sitko, Cornell

The freshman defensive back was all over the field in Cornell's win over Princeton. Sitko led the team in tackles with 11 as he led a strong team performance by the Big Red defense. He was part of a Cornell defensive unit which held the Tigers to just seven points and 159 total yards.

Special Teams Player of the Week—Chase Funderburk, Cornell

The junior punter tipped the field position in the Big Red's favor in the victory over Princeton. Funderburk punted four times for 131 yards, with his longest coming from 52 yards out. Funderburk also pinned three times inside the 20-yard line. Only one of Funderburk's punts was returned.

## **Week 2 in Review**

Navy made a statement in week two by routing co-defending champion Penn, 56-0. The Midshipmen racked up 448 yards of offense while holding Penn to just five total yards on the day. The Navy ground game churned out 389 yards. Navy took a 21-0 lead at the half then doubled its total in the third quarter to put the game out of reach.

Post came up with an impressive 25-20 road victory at Cornell. The Eagles trailed, 20-19, with 36 seconds left when Rashawn Hendricks gave Post the lead for good with a seven-yard touchdown run. The Post defense also came up big by forcing four Cornell turnovers.

Mansfield picked up its first win of the season with a 40-2 win over Princeton. The Mountaineers' ground game proved to be too much for the Tigers, as Mansfield rushed for 322 yards. The Mansfield defense held the Tigers to 109 yards of total offense and also recorded four interceptions.

Offensive Player of the Week—David Williams, Navy

The sophomore running back ripped through the Penn defense in the Midshipmen's rout of Penn. Williams rushed for 222 yards and four touchdowns on 24 carries. Williams averaged over nine yards per carry and tied a Navy record for most touchdowns in one game.

Defensive Player of the Week—Troy Taylor, Mansfield

The junior free safety tormented the Tigers in the Mountaineers' win over Princeton. Taylor recorded a school record three interceptions in the victory. All three of Taylor's interceptions came in the first half with two setting up scoring drives. Taylor also recorded a tackle for a loss.

Special Teams Player of the Week—Brendan West, Navy

The sophomore defensive back helped break the game open for Navy against Penn. West took a punt return back 48 yards for a touchdown in the fourth quarter with 5:19 remaining. It was part of a 120-yard punt return total for Navy in the victory.

## **Week 1 in Review**

Navy opened the season with an impressive 38-20 win over Army in the Allegiance Bowl. The Midshipmen put the game away early in the fourth quarter by taking a 35-14 lead. Army went down to defeat despite outgaining Navy, 437-415. The Midshipmen forced three turnovers in the victory.

Penn opened up its defense of the CSFL title by rolling past Princeton, 34-0. The Quakers gained 308 yards on the ground while holding the Tigers' rushing attack to -1 yard. Penn did not commit a turnover during the game, while the Quakers' secondary picked off three Princeton passes. Penn's defense also recorded six sacks.

Cornell got past Mansfield, 37-23, in its season opener. The Big Red fell behind, 16-7, in the first quarter, but outscored Mansfield, 30-7, over the final three periods. Mansfield's run defense held Cornell to only 21 yards rushing in the defeat, but the Big Red recorded three interceptions in the win.

**Offensive Player of the Week—Tom Jeffers, Army**

The sophomore wide receiver put together a monster performance in Army's loss to Navy. Jeffers made 18 catches for 178 yards. One of his catches went for 31 yards and set up a touchdown for the Black Knights. Jeffers tripled his production from a year ago in one game.

**Defensive Player of the Week—Matt Cuccinello, Penn**

The senior linebacker put together a dominating performance in the Quakers' shutout over Princeton. Cuccinello had nine solo tackles and ten total stops on the night. He also recorded 2 ½ sacks. Five of his tackles came behind the line of scrimmage. He was part of a defense that kept Princeton rushing numbers at -1 yard.

**Special Teams Player of the Week—Chao Porch, Mansfield**

The freshman sparked the Mansfield return game in the Mountaineers' loss to Cornell. He returned four kickoffs for 156 yards and averaged 39 yards per return. Porch's 55-yard kickoff return to the Cornell 30 set up Mansfield's first touchdown, and his second return went for 44 yards to the Cornell 35 which helped set up Mansfield's second TD.

## **Season Preview**

The 2011 Sprint Football season will open with seven teams this year. After participating under probationary status last fall, Post will join the six other schools with a full schedule this fall. There will also be a new pair of defending champions. Army and Penn shared the title last season after ending Navy's run of five titles in six seasons.

Army will be looking for its first championship repeat since 1999, and the Black Knights have the talent for another title run. Returning quarterbacks Tim Meier and Javier Sustaita will have four returning receivers to throw to. Marquis Morris is expected to be the featured running back. There were several key graduation losses on the other side of the ball, so running back Mike Meier will move to defense. He will join senior co-captain J.P. Cooper. The two will hope to offset the loss of nine seniors to graduation.

Penn also has its sites set on a second consecutive CSFL crown. The Quakers will have to deal with the graduation loss of running back Mike Bagnoli, last year's CSFL MVP. Todd Busler returns at quarterback and wide receiver Whit Shaw (34 catches in 2010) could be even more explosive this season. The defense will once again be led by Alexander Starr, who finished with a team-high 58 tackles last fall.

Navy will be hungry to win back the CSFL title this season. The Midshipmen will have a younger look this fall, but there is still plenty of talent. The biggest question will be at quarterback with the loss of Tyler Terronez to graduation. D.J. Hooper will do his part on the ground. Erik Erlandson is expected to be the top target at wide receiver. The defense took an even bigger graduation hit, but senior defensive back Zzmarr Stone will be back to lead the way.

With all of the attention on the top three teams, Cornell quietly put together an impressive 5-2 season in 2010. Cornell will have to overcome the loss of quarterback Elliot Corey, who was equally dangerous as a runner and passer. Wide receiver Spenser Grunenfelder is ready for another big season after catching 36 passes last fall. Running back Douglas Famularo (664 yards) also returns. Linebacker Timothy Dooley (48 tackles) will lead a defense that gave up only 227 yards per game last season.

Mansfield should continue to improve this fall. The young program is building success through defense with seven starters returning. Defensive lineman Justin DiMatteo will be the anchor up front. Offensively, there are several candidates to start at quarterback, and the graduation loss of running back Michael Wallace will leave a big hole in the backfield.

Princeton has not tasted victory since 2005 when the Tigers defeated VMI. Princeton has not won a league game in more than a decade. The Tigers will look to build on their ground game with the return of senior Kevin Infante. Junior quarterback Jaison Zachariah also returns, so there is experience at the skill positions. The Tiger defense will be counting on linebacker Atray Dixit, the CSFL's leading tackler a year ago.

Post is hoping to make an immediate impact in its first non-probationary year of competition. There will be inexperience across the board, but sophomore running back Lee Knight should be able to carry the workload in the backfield. Sophomore linebacker Kyle Lagasse led the team in tackles a year ago and will look to lead the way on defense. The Eagles have a roster without any juniors or seniors, but this team should be fun to watch as the players continue to build the program.