

2008 All-CSFL Honors

The Collegiate Sprint Football League has announced its all-Conference teams for the 2008 season.

CSFL champion Navy had the most players on the list of first-team performers with a total of 12. Five of the Midshipmen first-teamers were on offense and six came from the defensive side of the ball, with the final Navy first-teamer coming from special teams. Penn had a total of eight with five coming on the offensive list. Cornell placed five players on the first-team list while Army had four and Princeton had two. Cornell had two first-team players on offense and three on defense. Two of Army's four first-team stars came from the defensive side of the field.

Army's Geoff Phillips captured the league MVP award. The senior wide receiver emerged as the top wideout in the CSFL. Phillips finished with 49 catches for 797 yards and three touchdowns. One of his scores came from 90 yards out. Phillips averages 113.9 receiving yards per game.

CSFL League MVP: Geoff Phillips, WR, Army

	First Team	Second Team
OFFENSE		
QB	Michael D'Angelo, Penn	Zak Dentes, Cornell
WR	Tommy Tellson, Navy Clarke Armatis, Penn Michael Brennan, Cornell	Josh Friedman, Cornell Karl Motoyama, Navy Michael Stack, Penn Upal Sarkar, Cornell
TE	Marten Basta, Penn	Josh Scott, Army
RB	Enrique Harris, Navy Steve Benson, Navy Michael Bagnoli, Penn	Wifi Fernadez, Penn Ryan Smith, Cornell Alfonso Meidus, Navy Ricky Lentz, Army
OL	Jeff Schuele, Navy Drew Cecil, Navy Rich Hagner, Princeton Brian O'Connell, Penn Sam Lincoln, Cornell C.J. Reid, Army	David Ortenberg, Cornell Michael Adler, Cornell Tom Davis, Penn James Colby, Princeton Jeff Bosworth, Navy Mitch Ottinger, Cornell
DEFENSE		
DB	James Campbell, Navy Mike Nolan, Navy J. Andrew, Penn Matt Malleo, Cornell	Jarred Tate, Navy Andrew Gabrielle, Princeton Jacques Beauvais, Penn Evan Levy, Cornell Taylor Griffin, Army
LB	Brian Smith, Navy Tyler Hawkins, Navy	Brendan Reilly, Princeton Mike Schoder, Princeton

Michael McMullen, Penn
John Park, Cornell

Bryan Girouard, Army
Chris Combelleck, Navy
Atray Dixit, Princeton
Clayton Hemminger, Cornell
Sam Biddle, Penn

DL

Gordon Scharf, Princeton
Justin Nabozna, Navy
Kyle Hayhurst, Navy
James Gonos, Cornell
Tom Malejko, Army
Andrew Mellon, Army

Adrian Colarusso, Princeton
Matthew Talley, Army
John Curran, Penn
Tim Kozen, Cornell
Tyler Bambrick, Army

SPECIAL TEAMS

Kick Off

Stephen Phillips, Navy

Place Kicker

Sam Herbert, Army

Punter

Raiam Santos, Penn

All-League Honorable Mentions

Army: Jeff Carracio, Nate Drake, Chris Lauren, Tony Manzano, Abe Payne

Cornell: Pyrs Carvolth, Matt Goggin, Mitch Ottinger, Mike Zambrana

Navy: Mike Bressler, Bryce Brigham, Logan Coffey, Jordan Foley, D.J. Green, James Han, Tom Hayes, Ryan Marko, Macedoius Melonus, Nate Stewart, Andy Wright

Penn: Christian Corrigan, Mark Dzeinmianowicz, Marcus Goodwin, Zak Klinvex, Gage O'Connell, Mike Paci, Joe Portelli, Peter Stevens

Princeton: Robert Addis, Alex Bisignano, Reid Fritz

Week 8 in Review

Navy finished off its second consecutive perfect season with a 24-0 win over Army. The win gave the Midshipmen their 26th outright CSFL championship in the program's history. It was also the 22nd perfect season in Navy sprint football history. The Navy defense held the powerful Army air attack to just 75 passing yards. The Midshipmen have now won 16 straight games dating back to 2006.

Penn completed its season with a 47-0 victory over Princeton. The Quakers jumped out to a 34-0 halftime lead and the Tigers were never able to recover. The Penn defense held the Princeton ground game to an amazing minus-4 yards and also recorded five sacks. The Quakers racked up 484 yards of total offense.

Cornell held off a strong challenge from a much-improved Mansfield squad and came away with a 38-28 victory. The Mountaineers took a 28-24 lead with 7:04 to play before the Big Red rattled off the final ten points of the game. The Big Red finish the season with a four-game winning streak and a 5-2 overall mark.

Offensive Player of the Week—Michael D'Angelo, Penn

The senior quarterback was outstanding in his final game in a Penn uniform. D'Angelo was 13-for-20 passing for 299 yards and two touchdowns. He also rushed for two touchdowns in the win over the Tigers. D'Angelo finished with 1,288 passing yards, the most ever in a season by a Quaker quarterback.

Defensive Player of the Week—James Campbell, Navy

The league leader in interceptions came up with a huge performance in Navy's win over Army. Campbell picked off three passes to give him a total of 13 for his career. The senior returned the interceptions for 30 yards. His 13 career picks along with his seven interceptions this season are both school records.

Special Teams Player of the Week—Stephen Phillips, Navy

The junior came up big as he helped the Midshipmen wrap up another perfect season. Phillips connected on a 44-yard field goal, his second of over 40 yards this season. Phillips also averaged 60.8 yards on five kickoffs, with one going for a touchback. Two of his five punts landed inside the Army 20-yard line.

Week 7 in Review

Navy clinched at least a tie for the CSFL title with a 26-7 victory over Penn. The Quakers had a 7-6 lead at the half, but the Midshipmen outscored Penn, 20-0, over the final two quarters. The Quakers had 208 yards of total offense, but Penn was held to just 70 yards in the second half. The Midshipmen have now won 15 straight games dating back to 2006.

Mansfield picked up its first ever sprint football victory as the Mountaineers defeated Princeton, 28-3. The Tigers took a 3-0 lead before the Mountaineers rattled off 28 straight points. Mansfield's offense churned out 246 rushing yards in the victory. Cody Croasdale had three sacks for the Mountaineers.

Cornell ran its winning streak to three games with a hard fought, 12-10 victory over Army. The Big Red trailed, 10-6, late in the fourth quarter, but scored on a 57-yard touchdown drive with 39 seconds remaining. Cornell held Army to 46 yards rushing, while the Black Knights limited the Big Red to 24 yards on the ground. Army is now 2-4 overall.

Offensive Player of the Week—Geoffrey Phillips, Army

The senior wide receiver put together an outstanding effort in Army's loss to Cornell. Phillips caught five passes for 165 yards. His longest catch went for a 90-yard touchdown. He also gave Army one last chance to win with a catch in Cornell territory before a missed field goal ended the game. Phillips is the leading receiver in the CSFL.

Defensive Player of the Week—John Parke, Cornell

The senior linebacker wins the award for the second week in a row. Parke was the difference maker in Cornell's win over Army. Parke collected 12 tackles and added 2 ½ sacks. Four of his tackles resulted in a total of 30 yards lost. Parke also had two pass breakups.

Special Teams Player of the Week—Matt Malleo, Cornell

In a game that was decided by just two points, Malleo's kick returns made a big impact in Cornell's win over Army. Malleo racked up 74 yards on three kickoff returns. His longest return came midway through the fourth quarter, when he took a return back 49 yards.

Week 6 in Review

Cornell handed Penn its first loss of the season as the Big Red downed the Quakers, 23-20. The Big Red went to 3-2 on the season and won its third straight at Schoellkopf Field. The Cornell defense was dominating as the Big Red recorded three interceptions, one fumble, six sacks and 13 tackles for a loss. Cornell held Penn to 30 rushing yards.

Navy improved its record to 5-0 with a 52-0 blowout win over Princeton. The Navy defense held the Tigers to only 79 total yards of offense. It was the fourth straight meeting between the two schools that ended in a shutout for the Midshipmen. Navy racked up 436 yards of offense, with 254 coming on the ground.

Offensive Player of the Week—Zak Dentes, Cornell

The senior quarterback had his best game of the season in Cornell's victory over Penn. Dentes completed 23-of-34 passes for 286 yards and two touchdowns and also ran for a score. Dentes is now in second place on the all-time Cornell passing list. He helped the Big Red generate 361 yards of offense.

Defensive Player of the Week—John Parke, Cornell

The senior linebacker was all over the field in Cornell's victory over Penn. Parke collected 15 tackles and also recorded a sack. Parke was part of a Cornell defense that forced four turnovers against Penn. Parke has been starting at middle linebacker since transferring to Cornell as a sophomore.

Special Teams Player of the Week—Jordan Foley, Navy

The freshman had an outstanding game for the Midshipmen in their win over Princeton. Foley returned eight punts for a school-record 140 yards in Navy's 52-0 victory. Foley's performance broke the previous mark of 106 yards by Jamie Glines against Penn in 2003. Six of his punt returns went for at least 10 yards, including a game-high 38-yarder.

Week 5 in Review

Penn remained unbeaten on the season with a 20-13 victory over Army. The Quakers jumped out to a 20-0 lead before the Black Knights scored a pair of touchdowns in the final period. Penn quarterback Michael D'Angelo went 17-for-20 for 129 yards, while Mike Bagnoli rushed for a pair of touchdowns. Army finished with 404 yards passing, but just 33 yards on the ground.

Cornell evened its record at 2-2 with a 40-14 win over Princeton. Quarterback Elliot Corey did the damage for Cornell with his arm and his legs. Corey threw three touchdown passes and also ran for 104 yards. Princeton's Andrew Dixon rushed for one touchdown and threw for another as the Tigers scored their first points of the season.

Offensive Player of the Week—Geoffrey Phillips, Army

The senior wide receiver put on a spectacular performance in Army's loss to Penn. Phillips caught 13 passes for 268 yards. Eleven of his catches came in the second half and seven of those came in the fourth quarter. Three of Phillips' catches went for over 40-yards, including a game-high 46-yarder that put Army in the red zone in the final minutes.

Defensive Player of the Week—Nicho Indovina, Cornell

The junior defensive back was dominating in Cornell's win over Princeton. Indovina had eight tackles in the game, with three tackles accounting for losses of a combined 20 yards. Indovina also recorded two sacks and forced a fumble that he returned for 34 yards.

Special Teams Player of the Week—Raian Santos, Penn

Santos titled the field position in favor of Penn in the Quakers' win over Army. Santos punted seven times for 314 yards. His longest punt of the day went for 57 yards. Five of Santos' kicks were downed inside the 20-yard line as he pinned the Big Red deep in Cornell territory throughout much of the game.

Week 4 in Review

Navy ran its winning streak to 13 games with a hard fought 31-25 win over Cornell. The Big Red recovered an onside kick late in the game, but were stopped on the goal line with less than two minutes to play. Cornell quarterback Zak Dentes played well in defeat, as he passed for 273 yards. The Navy defense recorded five sacks.

Penn improved to 3-0 on the season with a 34-12 win over Mansfield. The Quakers jumped out to an early 14-0 lead before Mansfield scored its first points of the season on a 44-yard punt return by James Wronski. The Quakers outgained the Mountaineers, 384-189. Mike Bagnoli rushed for 115 yards for Penn.

Army evened its record to 2-2 with a 58-0 rout of Princeton. The Black Knights shut down the Princeton attack and limited the Tigers to minus-14 yards of offense. Army put the game away early by jumping out to a 37-0 lead at the half. Running back Ricky Lentz rushed for three touchdowns for Army.

Offensive Player of the Week—Ricky Lentz, Army

The junior running back led the way for the Black Knights in their win over Princeton. Lentz rushed for 96 yards on 12 carries and scored three touchdowns. His touchdowns came from two, 15, and 33 yards out. Lentz also caught one pass for eight yards to give 104 all-purpose yards in the game.

Defensive Player of the Week—Michael McMullen, Penn

The junior linebacker set the tone early during Penn's victory over Mansfield. McMullen recorded a total of 12 tackles. Eight of McMullen's tackles were solo stops. McMullen was part of a defense that held the Mountaineers to just 189 yards of total offense.

Special Teams Player of the Week—Geoffrey Phillips, Army

The senior had a big day against the Tigers and tilted the field position in Army's favor throughout the day. Phillips returned a punt 48-yards for a touchdown and totaled 104 yards on four returns, averaging 26 yards per return.. He set up Army's first touchdown with a 35-yard return to the Princeton-12 yard line. He returned the opening kickoff 22-yards to give him 126 return yards for the game.

Week 3 in Review

Navy's defense came up with an impressive performance in a 14-7 win over Army. The Midshipmen jumped out to a 14-0 lead as quarterback D.J. Green threw a pair of touchdown passes. The Navy defense held Army to minus-22 yards rushing and 210 total yards on the day. The Midshipmen have now won 12 straight games overall and a series-record nine straight against the Black Knights.

Cornell spoiled Mansfield's first CSFL game as they came away with a 35-0 victory. The Big Red defense held the Mountaineers to 14 yards of offense and minus-56 yards rushing. Two Big Red quarterbacks combined for 179 yards, while Mike Brennan had five catches for 61 yards.

Penn also picked up a shutout victory as the Quakers rolled past Princeton, 43-0. The Quakers opened the scoring in the second quarter on a punt return for a touchdown by Clarke Armatis. Quarterback Michael D'Angelo threw three touchdown passes, while Penn also recorded two safeties in the game. The Quakers are now 2-0.

Offensive Player of the Week—Geoffrey Phillips, Army

The senior receiver had an outstanding game against the tough Navy defense. On a day when the Midshipmen held the Black Knights to seven points, Phillips caught 11 passes for 120 yards to keep his team in the game. His longest catch was a 38-yard grab. Phillips has 24 catches on the season.

Defensive Player of the Week—Mike Nolan, Navy

The sophomore defensive back led the Navy defense in a dominating performance against Army. Nolan recorded 10 tackles, with 3.5 of his tackles resulting in losses. Nolan also has a sack, a forced fumble, an interception and a pass breakup. His interception came late in the fourth quarter.

Special Teams Player of the Week—Mitch Ottinger, Cornell

The senior had a perfect afternoon as Cornell came away with a win over Mansfield. Ottinger went 5-for-5 on extra point conversions and pinned the Mountaineers deep all afternoon with a series of strong kickoffs. Ottinger averaged 49 yards per kick for a total of 245 yards in five kicks.

Week 2 in Review

In the first matchup between two league teams this season, Penn came away with a 17-3 win over Cornell. After a scoreless first half, Penn jumped out to a 10-0 lead in the third quarter with the help of a touchdown pass from Brian D'Angelo to Clark Armatis. The Penn defense held Cornell to seven first downs and 110 total yards of offense. The Penn offense went 3-for-4 in the red zone.

Army's record fell to 1-1 after a 17-10 loss to Wagner JV. The Black Knights led, 3-0, at the half, but Wagner rattled off 17 straight points to take control of the game in the second half. Army was held to 216 yards of total offense. It was the second straight year the Black Knights suffered a loss against Wagner JV.

Offensive Player of the Week—Michael D'Angelo, Penn

The senior quarterback led the Quakers to a 17-3 victory over Cornell. D'Angelo ran an efficient Penn offense, going 17-for-29 for 180 yards and a touchdown. D'Angelo also threw a 14-yard touchdown pass one play after completing a 22-yard throw on fourth down.

Defensive Player of the Week—Clay Hemminger, Cornell

The sophomore linebacker did his part to keep the Big Red close with Penn. Hemminger recorded a game-high 13 tackles in his team's loss to the Quakers. Nine of his tackles were solo, with three of his tackles adding up to losses of 24 yards for Penn. Hemminger added a blocked kick, an interception and two pass breakups.

Special Teams Player of the Week—Mark Dzienmianowicz, Penn

The sophomore kicked a 34-yard field goal and added a pair of extra points in Penn's win over Cornell. Dzienmianowicz also punted six times for 215 yards. One of his punts went for 43 yards. Dzienmianowicz averaged 50.1 yards on four kickoffs and allowed his team to win the field position battle.

Week 1 in Review

Navy raised its record to 2-0 by shutting out Randolph-Macon JV, 20-0. The Midshipmen defense was dominating as the Yellow Jackets were held to 167 total yards of offense (61 in rushing). The Navy defense also forced five turnovers. The Midshipmen were clicking on offense as they jumped out to a 17-0 first-half lead and never looked back.

Army picked up a win in its season opener as the Black Knights rolled past FDU-Florham JV, 27-7. The Army passing offense torched the FDU-Florham JV secondary with 401 passing yards. It was 17-0 Army at the half and FDU-Florham JV never got close the rest of the way. Defensive captain Antonio Manzano led the defense with seven tackles.

Offensive Player of the Week—Geoffrey Phillips, Army

The senior wide receiver caught seven passes for 152 yards and a touchdown in the Black Knights' victory last weekend. Phillips' touchdown came from 65-yards out. He also had a 25-yard catch on a fourth down play that set up Army's first touchdown.

Defensive Player of the Week—James Campbell, Navy

The senior set the tone for a dominating performance by the Midshipmen on defense. Campbell picked off

two passes deep in Navy territory to help keep Randolph-Macon JV out of the end zone. He return yards on his interceptions totaled 67 yards. He also broke up another pass and assisted on a tackle.

Special Teams Player of the Week—Geoffrey Phillips, Army

In addition to his work on offense, Phillips did his part on special teams. Phillips set up Army's first scoring drive with a 42-yard punt return. Phillips gained a total of 70 yards on two punt returns and one kickoff return.

Season Preview

It was back to business for Navy last season. After watching Cornell capture the CSFL title in 2006, the Midshipmen put together a dominating 2007 campaign which resulted in a perfect 6-0 season along with the program's 32nd league title. Navy will look for a repeat this season, but several teams are hoping to take the title away from the Midshipmen. A host of big games along with the addition of Mansfield to the league should make for an exciting 2008 season.

Navy is still the team to beat until proven otherwise. The Midshipmen have 46 letterwinners and 15 starters returning. D.J. Green returns at quarterback along with several other players at the skill positions. Running back Enrique Harris and wide receiver Tommy Tellson are ready to pick up right where they left off a year ago, while three all-league starters are back on the offensive line. On defense, Justin Nabozna leads a defensive front that allowed just 177 total rushing yards in 2007. Three starters are back at linebacker with Brian Smith leading the way. All league defensive back James Campbell is the key contributor in a talented secondary.

Penn put together an impressive season and finished one game behind Navy in the league standings. The Quakers hope the returning nucleus will be enough to get them over the top in 2008. The Penn offense will once again be directed by quarterback Brian D'Angelo, who threw six touchdown passes and rushed for five a year ago. D'Angelo's ability to be a double threat will offset the loss of all-league running back Mike Lombardi. Wide receiver Tomas Altamirano was also lost to graduation, so the Quakers will be looking for several wideouts to step up. On defense, defensive lineman Christian Corrigan and linebacker Michael McMullen lead the front seven, but the strength is in the secondary with the return of J. Andrew Faigenbaum and Jacques Beauvais.

Cornell finished 4-2 overall last year, but losses to Penn and Navy ended any hopes of a repeat for the Big Red. Quarterback Zak Dentes returns after throwing a league-leading 891 passing yards last year. Michael Brennan is one of the most dangerous receivers and punt returners in the league and should have another big season. There are questions at running back with the loss of Glen Palmer. On defense, lineman Jim Gonos returns, while several young linebackers and defensive backs appear ready to step in this season.

Army suffered through a disappointing 2-5 campaign in 2007, but the Black Knights are hoping to get back into contention this fall. First-year coach Lt. Col. Mark West will be counting on senior quarterback Abe Payne to lead an offense that traditionally features a strong running attack. The backfield was hit hard by graduation, but sophomore Mike Campbell will look to build on his experience from a year ago. Thomas Malejko will be counted on to anchor the defensive line, while linebacker Nate Drake should have another big year at linebacker. Antonio Manzano and Tyler Bott return in the defensive backfield.

Princeton will be looking to bounce back after a winless 2007 season. However, the Tigers lost several of their top players to graduation. Among the graduation losses were both quarterbacks who shared the starting role and Lon Johnson, one of the top receivers in the CSFL. Michael Chang is expected to take over under center, while Michael Schoder returns at running back. Many of Princeton's defensive starters also graduated, so several young players will be stepping into starting roles.

Mansfield is the newest member of the CSFL. The Mountaineers have been hard at work building the program and recently completed an intrasquad scrimmage. Mansfield will be the great unknown in the

CSFL this season, but the school has already promised to create a big-time college atmosphere for its games.