

2007 All-CSFL Honors

The Collegiate Sprint Football League has announced its all-Conference teams for the 2006 season.

CSFL champion Cornell and Navy had the most players on the list of first-team performers, with each team featuring seven first-teamers. Army was well-represented on the first-team as well as the Black Knights placed six on the first-team list. Penn placed five players on the first-team roster, while Princeton had two. Army, Cornell and Navy each had three first-team players on offense, while Cornell had four players on defense.

Cornell's Jason Remillard captured the league MVP award. The junior made an impact on both sides of the field. On offense, Remillard caught 11 passes for 254 yards and two touchdowns. His specialty was the big play as he averaged 23.1 yards per catch. On defense, Remillard recorded 22 tackles, with seven resulting in negative yardage. He also had two interceptions and a sack.

CSFL League MVP: Jason Remillard, WR and DB, Cornell

	First Team	Second Team
OFFENSE		
QB	Zak Dentes, Cornell	Mike Loguidice, Penn
WR	Michael D'Angelo, Penn Lon Johnson, Princeton	Sam Coe, Cornell Tommy Tellson, Navy Tomas Altamirano, Penn
TE		
RB	Nathan Navarro, Army Richard Engel, Navy J.T.Hutchinson, Penn	Justin Abbatacola, Army Michael Fullowan, Cornell Enrique Harris, Navy
OL	Christopher Huber, Army Brandon Stevenson, Army Robert Kurucza, Cornell Michael Bosworth, Navy K.C. Dalton, Navy	Ben Abramoff, Cornell Jason Barnes, Navy Jeff Schuele, Navy Rich Hagner, Princeton Lindsay Graham, Princeton
KICKER	David Reifenberg, Navy	Jason Zittel, Cornell
DEFENSE		
DB	Barrett Rife, Army John Samuel, Cornell Ian Murray, Cornell J. Andrew Feigenbaum, Penn	Timothy Ashcraft, Army Daniel Brewer, Cornell Dorian Smith, Navy Marcus Walters, Navy
LB	Jason Zittel, Cornell Ryan Engel, Navy Nicholas Dinges, Penn Zach McKinney, Princeton	John Parke, Cornell Brian Smith, Navy Danny Davis, Navy Michael McMullen, Penn

		Jeff Pinner, Princeton
DL	Matthew Vargas, Army Nasser Jabour, Army Matthew Collin, Cornell Dave Novotney, Navy Justin Nabozna, Navy	Derek Johnson, Cornell Jim Gonos, Cornell Andrew Migdail, Penn Jesse Reidel, Princeton
PUNTER	Mike Loguidice, Penn	Christopher Carnes, Army

All-League Honorable Mentions

Army: Robert Minor, Wesley Pritchett, Justin Astroth, Stuart Durner, Steven Wax

Cornell: Daniel DeSantis, David Frumberg, Andrew Plaisted, Jason Zittel, Cameron Johnson, Trevor Schwartz, Josh Van Buskirk

Navy: Travis Chambers, Nash Bagby, James Campbell, Andrew Wright, Corey Baxter

Penn: Michael Sanders, Marten Basta, Andrew McGregor, Thomas Davis, Peter Stine, David Lopez, Rob Lombardi, Matt McConville, Adam Wolfson, Christian Corrigan

Princeton: Alex Kandabarow (QB and P), Michael Schoder, Andrew Dixon, Mark Curtis

Week 8 in Review

Navy ran its winning streak over Army to six games as the Midshipmen beat the Black Knights, 17-6. Navy junior tailback Richard Engel rushed for 168 yards, with 122 coming in the first half. Engel also rushed for two touchdowns, including a 4-yard scamper in the fourth quarter with 1:43 to play. The loss dropped Army to 3-3, while Navy finishes at 5-1.

Penn picked up its second victory of the season by downing Princeton, 35-12. The Quakers jumped out to a 28-0 halftime lead with the help of four touchdown passes by Mike Loguidice. Penn racked up 434 yards of total offense. It was the second victory for the Quakers over the Tigers this season.

CSFL champion Cornell had the week off.

Co-Offensive Player of the Week—Mike Loguidice, Penn

The senior quarterback carved up the Princeton defense in Penn's season ending victory. Loguidice went 14-for-19 for 240 yards while throwing four touchdown passes. All four of Loguidice's touchdown passes came in the first half.

Co-Offensive Player of the Week—Lon Johnson, Princeton

Johnson was heroic in defeat for Princeton in Philadelphia Friday night. The sophomore wide receiver caught 12 passes for 250 yards and two touchdowns. Johnson finished the 2006 season as the top receiver in the CSFL.

Defensive Player of the Week—Dave Novotney, Navy

The senior defensive end made the most of his final game as a member of the Midshipmen. Novotney led the Navy defense with 11 tackles in the Midshipmen's season-ending win over Army. Two of Novotney's stops came from behind the line of scrimmage.

Special Teams Player of the Week—Adam Birchenough, Navy

The senior made one of the biggest plays of the game during Navy's 17-6 victory over Army. Birchenough

blocked an Army extra point attempt in the fourth quarter to keep the score 10-6, and kept the Black Knights in need of a touchdown late in the game. Birchenough also made two special teams tackles.

Week 7 in Review

Cornell is the new CSFL champion. The Big Red wrapped up the title with a 26-7 win over Army. Cornell jumped out to a 13-0 halftime lead before adding 13 more points in the second half. The Cornell defense forced seven fumbles and two interceptions. Cornell has closed out its season and is the only unbeaten team in the CSFL, so no other team can catch the Big Red in the standing on the final weekend of the season.

Navy remained tied for second place in the CSFL by defeating Penn, 21-2. The Midshipmen dominated on defense as they held the Quakers to 104 total yards of offense. Navy put together a punishing ground game and finished with 340 yards rushing. Richard Engel scored on a 36-yard run in the first quarter and added a one-yard run for a score in the third period.

Princeton had the week off.

Offensive Player of the Week—Richard Engel, Navy

The junior running back was unstoppable in Navy's win over Penn. Engel carried 26 times for 169 yards and scored two touchdowns. The rushing total was a career high for Engel. It was also the most yards gained by a Navy rusher since Matt Sobecki racked up 179 yards in a 1997 contest.

Defensive Player of the Week—Jim Gonos, Cornell

The sophomore defensive end put together a dominating performance in the Big Red's title clinching win over Army. Gonos recorded a career-high 13 tackles. He also picked up a sack and forced a fumble. He was part of a Cornell defense that forced seven Black Knight fumbles.

Special Teams Player of the Week—Jason Zittel, Cornell

The senior is known for his outstanding defensive work, but Zittel made a major special teams impact in Cornell's win over Army. Zittel connected on two field goals in the game from 37 and 36 yards out. Zittel also booted a 43-yard punt in the contest to help the Big Red win the field position battle.

Week 6 in Review

Cornell is 5-0 for the first time since 1982 after a 21-7 win over Penn. After taking a 14-0 halftime lead, the Big Red put the game away with Glen Palmer's one-yard touchdown run with 6:14 remaining. It was the second victory for the Big Red over the Quakers this season. Cornell held Penn to 29 rushing yards in the game.

Navy remained in the CSFL title race with a 58-0 win at Princeton. Navy put up 49 points in the first half, with 28 coming in the first quarter. The Navy defense held Princeton to 74 total yards on offense and minus-10 yards rushing. Receiver Lon Johnson had another strong game in defeat for the Tigers, catching six passes for 56 yards.

Army had the week off.

Offensive Player of the Week—Michael D'Angelo, Penn

The sophomore wide receiver was valiant in defeat as he went against the top defense in the CSFL. D'Angelo made eight catches for 107 yards. D'Angelo also scored the only touchdown of the game for the Quakers as he hauled in a 33-yard catch in the fourth quarter. He leads the Quakers in catches and receiving yards this season.

Defensive Player of the Week—John Parke, Cornell

The sophomore linebacker put together a dominating performance in a 21-7 over Penn. Parke collected 13

tackles (seven solo) with two of his stops combining for minus-13 yards. He also added a forced fumble, a fumble recovery and a sack. Parke now leads the Big Red in tackles with 40 on the season.

Special Teams Player of the Week—Blake Moore, Navy

The freshman defensive lineman came up with one of the biggest plays of the game in Navy's 58-0 win over Princeton. Moore blocked Princeton's first punt of the game, which set up the Midshipmen's first score of the night. Moore also helped the Navy defense hold the Tigers to 74 yards of offense.

Week 5 in Review

Cornell remained undefeated on the season with a 35-0 win over Princeton. The Big Red came up with another dominating defensive performance. Cornell recorded six interceptions, five sacks and one fumble recovery. The offense did its part with 287 yards, while Michael Fullowan added a touchdown on a kickoff return. Cornell is 4-0 for the first time since 1987.

Army raised its record to 3-1 (2-0 in CSFL play) with a 16-7 win over Penn. All of the scoring came in the first half, with the Black Knights jumping out to an early 10-0 lead. Army recorded seven quarterback sacks and three interceptions. Tim Ashcraft had two interceptions, with his second coming in the end zone late in the fourth quarter.

Navy had the week off.

Offensive Player of the Week—Robert Miner, Army

The sophomore quarterback did his part as a runner and passer in the Black Knights' victory over the Quakers at Franklin Field. Miner rushed for 97 yards on 20 carries and averaged nearly five yards per rush. He also threw for 74 yards and a touchdown on a team that averages only eight passes per game.

Defensive Player of the Week—Tim Ashcraft, Army

The senior defensive back was the difference maker in Army's win over Penn. Ashcraft made two interceptions in the victory and returned them for a combined 42 yards. It was the first multiple interception performance by a CSFL player this season. Ashcraft also recorded seven tackles.

Special Teams Player of the Week—Michael Fullowan, Cornell

Fullowan is known for his ability to produce on offense, but the senior running back helped break the game open against Princeton with a big special teams play. Fullowan made his first kickoff return of the season a memorable one as he raced 89 yards for a touchdown. It came on the opening play of the third quarter.

Week 4 in Review

Cornell ended Navy's 15-game winning streak with a thrilling 16-10 overtime victory. Trailing 10-3 in the final minutes of regulation, the Big Red marched 80 yards and tied the game with 56 seconds left on a two-yard touchdown run by Michael Fullowan. Michael Brennan won the game in the extra session for Cornell as he hauled in a 25-yard touchdown catch from Zak Dentes. It was Cornell's first win over Navy since 1998.

Army put together an impressive rushing attack in a 54-9 win over Princeton. The Black Knights racked up 474 total yards, with all of the yards coming on the ground. Army put the game away early by jumping out to a 33-0 lead in the first quarter. Lon Johnson had 12 catches for 141 yards in the loss for the Tigers.

Penn had the week off.

Offensive Player of the Week—Lon Johnson, Princeton

While the Tigers suffered a 54-9 defeat, Johnson came up with one of the top performances of the season.

The sophomore wide receiver made 12 catches in the game, the most by a wide receiver in a CSFL game this season. Johnson is now the league's leading receiver with 21 catches on the year.

Defensive Player of the Week—John Parke, Cornell

The sophomore linebacker was the difference maker on defense in the Big Red's impressive victory over Navy. Parke collected 15 tackles (12 solo) along with a sack, a pass breakup and a forced fumble. Two-and-a-half of Parke's tackles added up to nine lost yards for Navy.

Special Teams Player of the Week—Geoff Phillips, Army

The sophomore gave the Black Knights excellent field position throughout their game against Princeton. Phillips returned three punts for 55 yards. One of the returns went for 47 yards. Phillips also did his part on kickoffs, returning one for 35 yards that help set up an Army scoring drive.

Week 3 in Review

Penn picked up its first win of the season at Franklin Field, downing Princeton, 50-15. The Quakers built a 21-0 first quarter lead and led 28-8 at the half. Penn quarterback Mike Loguidice threw only four incomplete passes and threw for four touchdowns on the night. The Tigers hurt themselves with 13 penalties, but the Princeton defense did manage to force three turnovers in the loss. Princeton also scored its first two touchdowns of the 2006 season.

Army, Cornell and Navy all had the week off.

Offensive Player of the Week—Mike Loguidice, Penn

The senior quarterback put together an outstanding performance in Penn's win over Princeton. Loguidice went 9-for-13 and threw four touchdown passes. He now leads the CSFL with six touchdown passes on the season. Loguidice finished with 105 yards passing and led a balanced Penn attack against the Tigers.

Defensive Player of the Week—Andrew Migdail, Penn

The junior nose guard helped the Quakers control the line of scrimmage in their win over the Tigers. Migdail had three solo tackles and two sacks in the game forcing a combined loss of 22 yards. Even when Migdail wasn't picking up tackles or sacks, his ability to clog the middle allowed his teammates to finish off plays.

Special Teams Player of the Week—Tomas Altamirano, Penn

The junior had a touchdown catch against Princeton, but it was his play on special teams which had the biggest impact in the game. Altamirano returned nine punts for 170 yards and gave his teammates excellent field position throughout the night. Altamirano also returned a kickoff for 28 yards.

Week 2 in Review

Navy captured the annual Pride Bowl with a 31-21 win over Army. The Black Knights took a 6-0 lead on their opening possession, but the Midshipmen rattled off 17 straight points to seize the lead for good. Army would cut the deficit to 24-21 before Richard Engel scored on a 32-yard touchdown run for Navy. The two teams will meet again in the final week of the season.

Cornell raised its record to 2-0 with a 29-0 victory over Princeton. The Big Red built a 16-0 lead in the first quarter. Michael Fullowan hauled in a 66-yard touchdown pass to open the scoring. Cornell padded its lead with touchdowns in the second and third quarter. The Big Red defense picked off three Princeton passes and held the Tigers to 121 yards of total offense.

Penn had the week off.

Offensive Player of the Week—Richard Engel, Navy

The junior running back was unstoppable in the Midshipmen's win over Army. Engel rushed for a career-best 134 yards on 15 carries and also scored two touchdowns. His first touchdown put Navy ahead, 7-6, in the first quarter, while his last scoring run put the game away in the final period.

Defensive Player of the Week—Brian Smith, Navy

The sophomore linebacker put together a dominating performance in Navy's Pride Bowl win over Army. Smith made a career-high 11 tackles as the Navy defense held the Army offense to 236 yards of total offense. Two of Smith's stops came from behind the line of scrimmage.

Special Teams Player of the Week—Jason Zittel, Cornell

The senior helped Cornell win the battle of field position in its victory at Princeton. Zittel punted seven times for a total of 229 yards and had three downed inside the 20-yard line. Zittel's longest punt of the night was for 59 yards. He also booted a 31-yard field goal.

Week 1 in Review

Cornell picked up an impressive 20-12 win over Penn in the Adirondack Trust Allegiance Bowl. The game was tied at 6-6 at the half, but the Big Red took the lead in the third quarter when Jason Remillard hauled in a four-yard touchdown pass from Zak Dentes. After Michael D'Angelo's touchdown catch pulled Penn to within a point, Dentes put the game away in the fourth quarter with a six-yard touchdown run.

Army came up with an impressive offensive performance in a 42-20 non-league win over Pace JV. Sophomore quarterback Robert Miner accounted for three of the Black Knights' touchdowns, as he ran for two scores and passed for another. The game was tied at 14 in the second quarter when Army scored 21 unanswered points to put the game away. The Black Knights racked up 442 yards of total offense and picked up 29 first downs.

Navy and Princeton had the week off.

Offensive Player of the Week—Nate Navarro, Army

The senior running back put together a dominating performance in Army's 42-20 win over Pace JV. Navarro rushed for 125 yards on 12 carries and averaged 10.4 yards per rush. Navarro also scored on a 23-yard run in the third quarter that put the game away for the Black Knights.

Defensive Player of the Week—John Parke, Cornell

The sophomore linebacker led the way for the Big Red defense in Cornell's win over Penn. Parke collected nine tackles (five solo) as he and his teammates limited the Quakers to 12 points. Two of Parke's tackles resulted in a combined six yards of negative yardage for Penn.

Special Teams Player of the Week—Sam Herbert, Army

The freshman kicker was perfect in his Army debut. Herbert was six-for-six on extra point attempts as the Black Knights rolled to their first win of the year. Herbert is expected to be a key contributor for Army throughout the season.

Season Preview

The first full weekend of CSFL action kicks off this weekend with plenty of intriguing storylines. Can Navy repeat with a new man at the helm? Will Army or Penn have enough ammunition to take the title away? Will Cornell continue to improve after finishing .500 in the league a year ago? Can Princeton's new head coach build a winner in New Jersey now that the Tigers' long losing streak is over? The questions will soon be answered. Here is a look at what to expect from all five teams listed in the order of last year's standings.

Navy, which picked up a 28-12 win over Johns Hopkins last Sunday, appears to be the team to beat once again. If the Midshipmen are to win another CSFL title, they will have to do it with a new head coach. Major Joseph Clearfield takes over in Annapolis and will be counting on senior quarterback Chris Marsh to lead the way for the offense. Marsh will give plenty of handoffs to Richard Engel, who rushed for 371 yards last year. An experienced group of wideouts, led by senior A.J. Storrs, should give the Midshipmen another potent passing attack. Four starters also return on the offensive line. On defense, the front seven has plenty of experience. Leading the way will be middle linebacker Ryan Engle, who led the league with 70 tackles last season. Senior corner Marcus Walters will bolster the secondary.

After giving Navy a scare on the final day of the 2005 season, Army may be ready to challenge for the championship, but the Black Knights will have to deal with a host of graduation losses. The big question is at quarterback with the loss of Braden Amigo. James Antonides and Robert Miner both gained valuable experience last season. It may be running back by committee in the backfield with the loss of Patrick Hall (97.3 ypg.) lost to graduation. The Black Knights also suffered several key losses at wide receiver, but senior Derek Brown returns after a strong performance a year ago. There is balance on defense up front for Army and everyone will have to raise their game to a high level with the loss of defensive end Brandon Kennedy (37 tackles). The secondary looks strong with CSFL first team cornerback Barrett Rife roaming the defensive backfield.

Cornell will also have to deal with several major graduation losses. Gone is all-league quarterback Alec Macaulay, but junior Brian Kennedy appears ready to step in under center. Michael Fullowan has been one of the league's best backs over the past three years and is hoping to make his senior season a memorable one. There is a mix of youth and experience at wide receiver and sophomore Mike Brennan could be poised for a breakout season. All five starters on the offensive line return. The strength of the defense will be the line with six senior letterwinners and sophomore starter Jim Gonos lining up in the trenches. Returning starters John Samuel and Jason Zittel are also back at linebacker, while senior cornerback Dan Brewer returns to lead the secondary.

With Bill Wagner at the helm for his 37th season as head coach at Penn, the Quakers appear to be a team on the rise. Senior quarterback Mike Loguidice (1,813 passing yards in three seasons) is back under center, while fellow senior J.T. Hutchinson will carry the load at running back. The biggest question on offense is at wide receiver, where a host of young players will look to fill key graduation losses. There is a talented mix of youth and experience on the offensive line. An experienced defensive line led by senior Christian Corrigan will be one of the strongest parts of the Penn defense. The linebackers also have plenty of players with a host of experience and the return of senior captain Nick Dinges from an injury should make this unit even better. The secondary, led by corners David Lopez (five interceptions) and Kale Roth, may be the best in the league.

It is a new era of sprint football at Princeton as Tom Cocuzza takes over as head coach. Cocuzza inherits a team that snapped a long losing streak with a win over VMI last fall and also features the return of 32 players. The tandem of quarterback Alex Kandabarow and wide receiver Lon Johnson should put up big numbers this season. There is inexperience at running back, but freshman Mike Schoder has drawn plenty of praise from the coaching staff. There is also a strong mix of newcomers and returning players on the offensive line. One of those linemen is Jesse Reidel, who is also playing on the defensive line. The strength of the Tigers defense is at linebacker with the return of Zach McKinney and Jeff Pinner. The secondary should also improve with Drew Dixon and Henry Williams. Dixon is also getting snaps on offense.

